



# Life Group Guide

A GUIDE FOR LIFE GROUPS, FAMILIES OR INDIVIDUAL STUDY



SCAN TO  
ACCESS LG  
VIDEOS

## THE CHRISTIAN FAITH | SESSION 14

### CHAPTER 14: THE LORD'S SUPPER: READING & RESOURCES

#### Read before Life Group

- Kolb - Chapter 14 "The Lord's Supper"
- Luther's Small Catechism both "The Sacrament of the Altar" and the four sections of "The Explanation to Sacrament of the Altar"

#### Read at Life Group

- Scripture Readings: Matthew 26:17-29; Mark 14:12-24; Luke 22:7-23; and 1 Corinthians 11:17-26

#### Watch Video

### STUDY QUESTIONS

1. What is the same, and what is different between the accounts of the Lord's Supper. How do the accounts reflect what we do on Sunday mornings?
2. Describe your thoughts and reactions to receiving the Lord's Supper for the first time.
3. Read 1 Corinthians 11:27-29. How does this inform us on our practice as a church of celebrating the Lord's Supper?
4. How should we "examine ourselves" and prepare our hearts before and after the Lord's Supper?
5. The following is in our bulletins to help people prepare their heart to receive the Lord's Supper. Anything surprise you or peek your interest?

### THE LORD'S SUPPER

All who have been baptized into the Christian faith are invited to partake in the Lord's Supper when you believe:

- ▶ I am a sinner in need of Jesus' forgiveness. *Romans 3:23*
  - ▶ Jesus' real presence is in the bread and wine. *1 Corinthians 10:16*
  - ▶ The bread and wine I receive is Christ's true body and blood for the forgiveness of sins. *1 Corinthians 11:24-25*
  - ▶ Receive Jesus' power to realign my life as I follow him each day. *John 8:11*
6. Describe in your own words the miracle of Jesus being really present in the bread and wine.
  7. Coming together to the altar unites us with Christians around the world and throughout time. It also shows our unity with one another in our own church. To partake is to be part of a Body of Christ in a specific place and time. How should we act toward each other? Especially those we have had a conflict with?

### CLOSE IN PRAYER

### LIFE APPLICATION

Before you head up to the table of the Lord's Supper go through the following questions adapted from p. 1965 of The Lutheran Study Bible: Have I confessed and repented of my sin? Do I believe I am about to receive the actual body and blood of Jesus under the bread and wine for forgiveness of my sins? Do I share the confession and unity of this congregation? Will I, with the Lord's help, amend my sinful life?