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WORDWASH: OVERCOMING ANXIETY



PSALM 94:19 NIV

When anxiety was great within me, your consolation brought me joy.

PROVERBS 12:25 NIV

Anxiety weighs down the heart, but a kind word cheers it up.

1 PETER 5:7 NIV

Cast all your anxiety on him because he cares for you.

PHILIPPIANS 4:6 NIV

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

PSALM 139:23-24 NIV

Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.

MATTHEW 6:25-27 NIV

Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?

ISAIAH 26:3 NIV

You will keep in perfect peace those whose minds are steadfast, because they trust in you.

2 TIMOTHY 1:7 NIV

For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

PSALM 91:11 NIV

For he will command his angels concerning you to guard you in all your ways;

PSALM 138:8 NASB

The Lord will accomplish what concerns me; Your faithfulness, Lord, is everlasting; Do not abandon the works of Your hands.

PSALM 3:6 NIV

I will not fear though tens of thousands assail me on every side.

PSALM 27:3 NIV

Though an army besiege me, my heart will not fear; though war break out against me, even then I will be confident.

ISAIAH 41:13 NIV

For I am the Lord your God who takes hold of your right hand and says to you, Do not fear; I will help you.

ROMANS 8:15 NIV

The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, "Abba, Father."

PHILIPPIANS 4:8 NIV

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

HEBREWS 12:12-13 NIV

So take a new grip with your tired hands, stand firm on your shaky legs, and mark out a straight, smooth path for your feet so that those who follow you, though weak and lame, will not fall and hurt themselves but become strong.

LUKE 8:24 NIV

The disciples went and woke him, saying, "Master, Master, we're going to drown!" He got up and rebuked the wind and the raging waters; the storm subsided, and all was calm.

EPHESIANS 3:17-19 NIV

I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.