

# A PRAYER FOR THE CRITICAL HEART

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Dear Papa,  
I confess I have been warring with spirits  
of division, criticism, and judgement.  
I'm sorry for giving these demonic spirits  
a voice and seat at my table.  
Please forgive me.

Cleanse me of all pride and judgement.  
Rinse me of arrogance and comparison.  
Refill me with love and compassion.  
Refresh in me all that is good and of You.

Papa, You are the Perfect Judge.  
There is no need for me to do Your job.  
I stand down.  
I hand the keys of judgement back over to You.  
You reign with grace and goodness.  
You know every motive, intention,  
and difficult backstory.  
I do not.

So Lord, I come out of agreement right now  
with these warring spirits of division, nit-picking, and self-righteousness.

Instead, Papa, I bless what You bless.  
I honor what you honor.  
I welcome every opportunity to champion others.

Create in me a clean heart  
And renew Your Spirit of unity within me.  
May I reflect Your Kingdom  
And heart once again.  
In Jesus name.