# **Running on Empty**

Pt.1

## The Pattern of Desperation:

I come up with a plan.

My desperation leads to <u>deception</u>.

i Sam. 21:1 "David went to Nob, to Ahimelech the priest. Ahimelech trembled when he met him, and asked, 'Why are you alone? Why is no one with you?' David answered Ahimelech the priest, 'The king charged me with a certain matter and said to me, 'No one is to know anything about your mission and your instructions.' As for my men, I have told them to meet me at a certain place."

## I decide: The <u>rules</u> don't apply to <u>me</u>.

<sup>1 Sam. 21:3</sup> "Now then, what do you have on hand? Give me five loaves of bread, or whatever you can find.' <sup>4</sup>But the priest answered David, 'I don't have any ordinary bread on hand; however, there is some consecrated bread here - provided the men have kept themselves from women.' <sup>5</sup>David replied, 'Indeed women have been kept from us, as usual whenever I set out. The men's things are holy even on missions that are not holy. How much more so today!' <sup>6</sup>So the priest gave him the consecrated bread…"

### I make <u>dumb</u> decisions.

<sup>1 Sam. 21:7</sup> "Now one of Saul's servants was there that day, detained before the Lord; he was Doeg the Edomite, Saul's head shepherd."

#### I find myself in a situation I never expected and didn't prepare for.

haven't brought my sword or any other weapon, because the king's business was urgent.'9The priest replied, 'The sword of Goliath the Philistine, whom you killed in the Valley of Elah, is here...If you want it, take it; there is no sword here but that one.' David said, 'There is none like it; give it to me.'"

# I forget what God has done in the past and I ignore God's voice.

<sup>1 Sam. 17:45</sup> "You come against me with sword and spear and javelin, but I come against you in the name of the Lord Almighty, the God of the armies of Israel, whom you have defied...<sup>47</sup>All those gathered here will know...it is not by sword or spear that the Lord saves; for the battle is the Lord's..."

#### I go to wrong people.

1 Sam. 21:10 "That day David fled from Saul and went to Achish king of Gath."

My plan takes me somewhere I never planned to go and don't want to stay.

<sup>1 Sam. 21:11</sup> "But the servants of Achish said to him, 'Isn't this David, the king of the land? Isn't he the one they sing about in their dances: 'Saul has slain his thousands, and David his tens of thousands'?' <sup>12</sup>David took these words to heart and was very much afraid of Achish king of Gath. <sup>13</sup>So he pretended to be insane in their presence; and while he was in their hands he acted like a madman, making marks on the doors of the gate and letting saliva run down his beard."

My consequences don't just affect me, they affect the people around me.

<sup>1 Sam. 22:11</sup> "Then the king sent for the priest Ahimelech son of Ahitub and his father's whole family, who were the priests at Nob, and they all came to the king. <sup>16</sup>...the king said, 'You will surely die, Ahimelech, you and your father's whole family.' <sup>18</sup>The king then ordered Doeg, 'You turn and strike down the priests.' So Doeg the Edomite turned and struck them down. That day he killed eighty-five men who wore the linen ephod. <sup>19</sup>He also put to the sword Nob, the town of the priests, with its men and women, its children and infants, and its cattle, donkeys and sheep."

The Good News: God gives second chances!

### **How to Escape the Pattern of Desperation:**

## Accept responsibility.

<sup>1</sup> Sam. 22:20 "But Abiathar, a son of Ahimelech...escaped and fled to join David. <sup>21</sup> He told David that Saul had killed the priests of the Lord. <sup>22</sup> Then David said to Abiathar: 'That day, when Doeg the Edomite was there, I knew he would be sure to tell Saul. I am responsible for the death of your father's whole family.'"

#### Make amends.

1 Sam. 22:23 "Stay with me; don't be afraid; the man who is seeking your life is seeking mine also. You will be safe with me."

Break the pattern.

#### Resources:

<u>David</u>, by Charles Swindoll
<u>David</u>, a Man after God's Own Heart by J. Vernon McGee
<u>A Heart Like His</u>, by Beth Moore
<u>The Making of a Man of God</u> by Alan Redpath
<u>First and Second Samuel</u> by J. Vernon McGee
<u>Lessons from the Life of David</u>, by Andy Stanley
<u>A Psalm in Your Heart</u>, by George O. Wood