WORDS GOD LOVES TO HEAR
PART III: ILLUMINATE

SEVEN WORDS



JOHN 1:4-5

4 In him was life, and that life was the light of all
mankind. 5 The light shines in the darkness, and the
darkness has not overcome[a] it.

WORDS GOD LOVES TO HEAR
PART III: ILLUMINATE

JOHN 1:9

The true light that gives light to everyone was coming into the world.

PSALM 139:23-24

Search me, God, and know my heart;
test me and know my anxious thoughts.
24 See if there is any offensive way in me,
and lead me in the way everlasting.

WORDS GOD LOVES TO HEAR
PART III: ILLUMINATE

PSALM 139:7

Where can I go from your Spirit?
Where can I flee from your presence?

PSALM 139:7

If only you, God, would slay the wicked!
Away from me, you who are bloodthirsty!
20 They speak of you with evil intent;
your adversaries misuse your name.
21 Do I not hate those who hate you, Lord,
and abhor those who are in rebellion against you?
22 I have nothing but hatred for them;
I count them my enemies.

“The human heart, will, or spirit is the executive center of human life. The heart is where decisions and choices are made for the whole person.”

DALLAS WILLARD, *RENOVATION OF THE HEART*

JEREMIAH 17:9-10

The heart is deceitful above all things
and beyond cure.
Who can understand it?
10 “I the Lord search the heart
and examine the mind,
to reward each person according to their conduct,
according to what their deeds deserve.”

THREE WAYS PSALM 139 TALKS ABOUT BEING ILLUMINATED:

(1) Know my heart.
(2) Know my anxious thoughts.
(3) See if there be any wicked way in me.

"Emotional intelligence is the ability to **recognize, understand, and wisely manage our own emotions while also understanding and responding well to the emotions of others.**"

DANIEL GOLEMAN'S *EMOTIONAL INTELLIGENCE: WHY IT CAN MATTER MORE THAN IQ*

FIVE MAIN COMPONENTS:

1. Self-awareness
2. Self-regulation
3. Internal motivation
4. Empathy
5. Social skills

FIVE STEPS FOR EXAMINING YOUR HEART BEFORE GOD:

1. Become still and acknowledge God's presence - *Psalm 46:10*
2. Invite the Holy Spirit to search you - *Psalm 139:23*
3. Examine your thoughts, emotions, and desires - *Proverbs 4:23*
4. Confess what God brings into the light - *1 John 1:9*
5. Surrender and respond in obedience - *Psalm 51:10*