

RELATIONSHIPS 101

RELATIONSHIPS, BOTH MARRIAGE & COMMUNITY ARE GIFTS FROM GOD!

WHAT IS COMMUNITY?

<u>COMMUNITY</u>	<u>MARRIAGE</u>
<ul style="list-style-type: none">• John 13:34-35• Romans 15:5-7• 1 John 4:11	<ul style="list-style-type: none">• Genesis 2:18.• Matthew 19:4-6• Ephesians 5:22-27

Real Talk RELATIONSHIPS....

1. RELATIONSHIPS TAKE WORK!!!

Successful relationships have one thing in common:

? How would our relationships look and feel if we applied Matthew 5:46-47?

2. RELATIONSHIPS THAT FOCUS ON THE POSITIVE LAST LONGER THAN THOSE THAT DON'T.

- **Philippians 4:8** "Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things."

? What are some practical ways you can apply Philippians 4:8 in marriage?

? What are some practical ways you can apply Philippians 4:8 in community?



THE MARRIAGE YOU WANT STARTS IN YOUR MIND.

- Focusing on the negative will lead to *CONFIRMATION BIAS*.

Confirmation bias is the tendency to seek out and prefer information that supports our preexisting beliefs. As a result, we tend to ignore any information that contradicts those beliefs.

"YOU WILL FIND WHAT IT IS YOU ARE LOOKING FOR!"

RELATIONSHIPS 101


3. RELATIONSHIPS REQUIRE THE RIGHT TYPE OF COMMUNICATION. (GODLY COMMUNICATION)

- Proverbs 12:17-18 | Ephesians 4:15 | Ephesians 4:29 | Proverbs 18:21
- Speak the Truth in love!
 - Make sure you are depositing positive/life giving words so when you have to say something that is true but tough to hear, it will be received.



Before sharing the truth, ask these 3 questions?

- God, should I say it?
- When should I say it?
- How should I say it?

 Think about a time you shared something that was true, but it did not go as well as you hoped. How would using these 3 questions help in that situation?



How would asking these questions before speaking improve your overall relationship/marriage?

4. RELATIONSHIPS HAVE A PURPOSE!

Community: Hebrews 10:24–25

- And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.



How do we live out our need for community at CGF? How can we personally commit to Hebrews 10:24-25?



Marriage: Matthew 19: 4–6

“Have you not read that he who created them from the beginning made them male and female, and said, ‘Therefore a man shall leave his father and his mother and hold fast to his wife, and the two shall become one flesh’? So they are no longer two but one flesh. What therefore God has joined together, let not man separate.

Married Couple... the Two most important days of your life are:

- 1. The Day you were married!**
 - 2. The Day you know why!!**
-