

**SUNDAY MORNING MESSAGE 021416**  
**SERIES: THE ISLAND – WEEK# 7**  
**"Use your words to build and bless one another"**

***Ephesians 4:29 (NIV)***

*Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.*

**1. Your words can Devastate and Destroy; So GUARD your lips.**

*"Do not let any unwholesome talk come out of your mouths"*

**A) Don't bad mouth one another**

*James 4:11 (ESV) - Do not speak evil against one another, brothers...*

**B) Don't lie to one another**

*Colossians 3:9 (ESV) - Do not lie to one another, seeing that you have put off the old self with its practices*

**C) Don't grumble against each other**

*James 5:9 (ESV) - Do not grumble against one another, brothers, so that you may not be judged; behold, the Judge is standing at the door.*

**2. Your words can Build and Bless; So MINISTER with your mouth!**

*"but only what is helpful for building others up according to their needs, that it may benefit those who listen."*

**If your words will EDIFY, let 'em fly.**

**If your words are ROTTEN, then stop 'em.**