

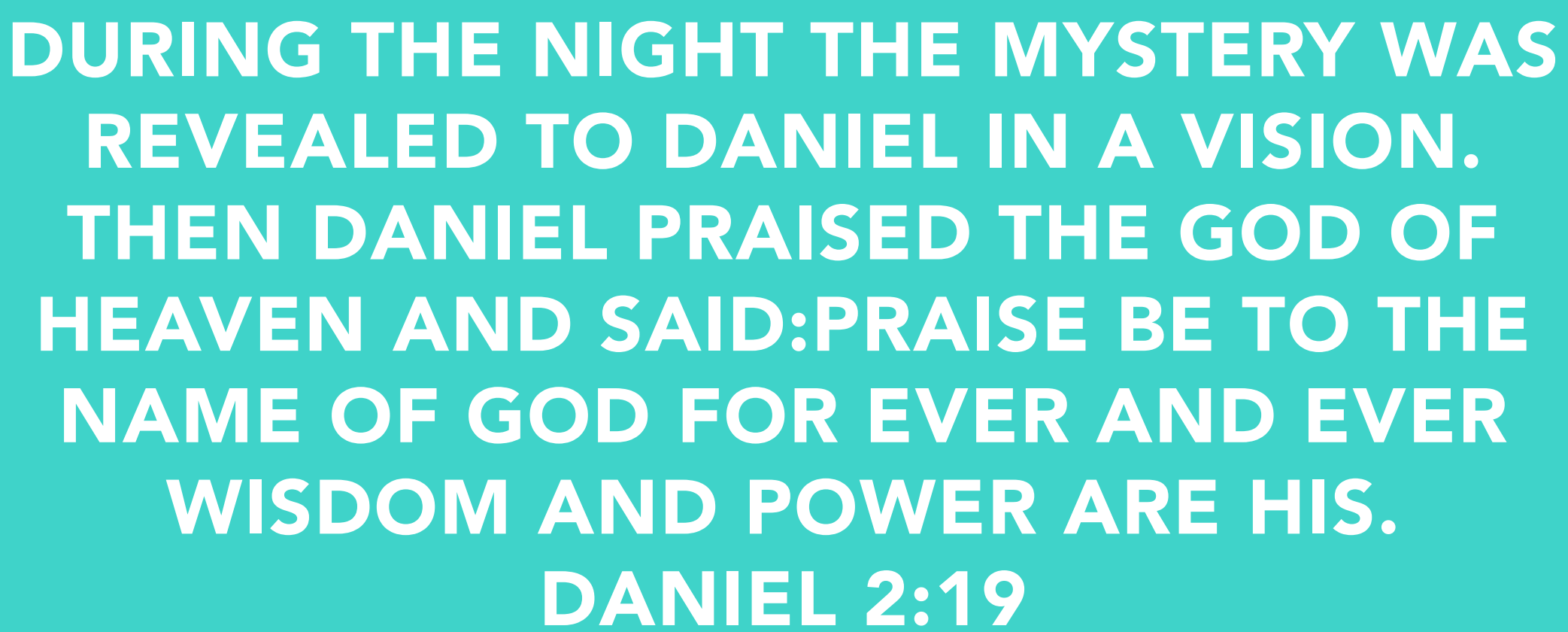
RE-GENERATION *Devotionals*



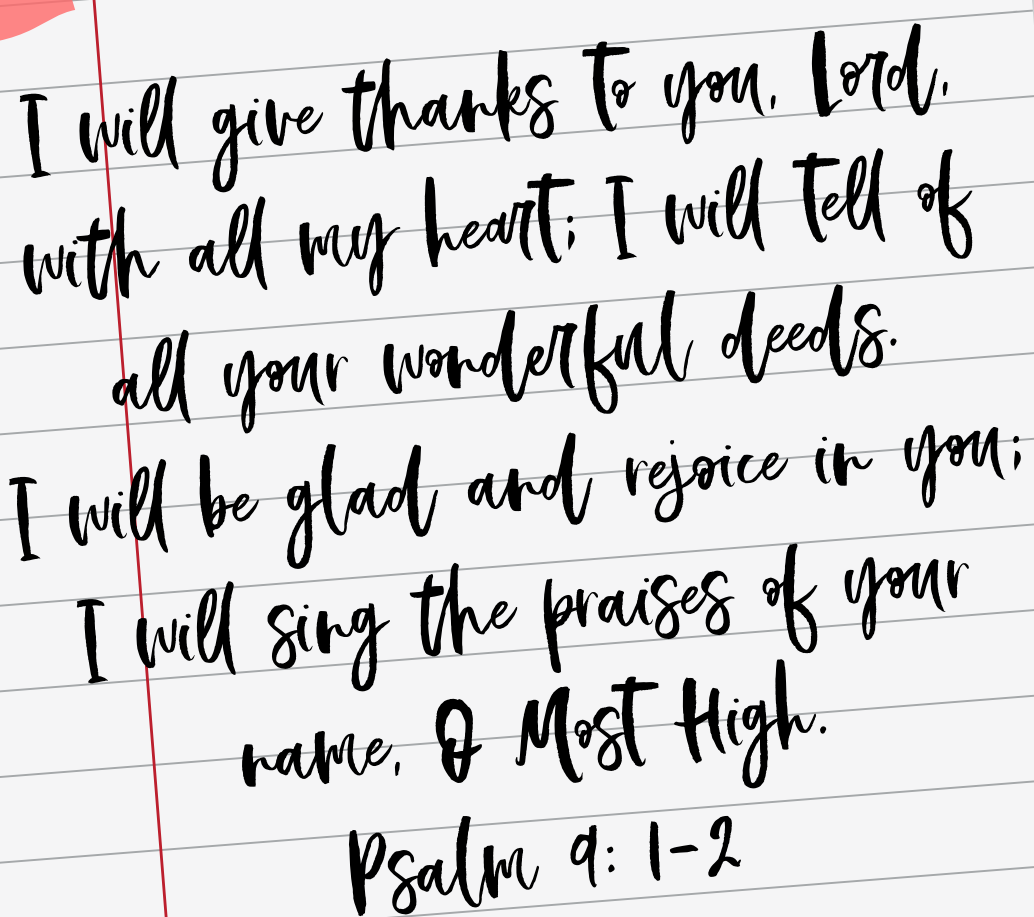
Prayer: An attitude of gratitude

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Devotional 8 - Written by Jenny Jones



**DURING THE NIGHT THE MYSTERY WAS
REVEALED TO DANIEL IN A VISION.
THEN DANIEL PRAISED THE GOD OF
HEAVEN AND SAID: PRAISE BE TO THE
NAME OF GOD FOR EVER AND EVER
WISDOM AND POWER ARE HIS.
DANIEL 2:19**



I will give thanks to you, Lord,
with all my heart; I will tell of
all your wonderful deeds.
I will be glad and rejoice in you;
I will sing the praises of your
name, O Most High.
Psalm 9: 1-2

READ 

**READ THE FOLLOWING
SCRIPTURES:**

★ **Matt 6:9-13**

★ **Psalm 9:1-2**

★ **Daniel 2:19-23**



READ

At the moment, life may be great- you're not at school as normal, so you might have had the opportunity to do lots of fun things- like baking, and eating what you've made- yummy! But you may also be feeling really lonely, or frightened, or fed up with not being able to do all the things you want to do. You might be worried about family or friends that are sick. Whatever you're feeling at the moment- happy, sad or somewhere in the middle, we can pray about it- how amazing is that! But did you know that there's something that we can also do when we pray that really puts an extra big smile on God's face? Its just two little words - THANK YOU!

Remember how we looked at Daniel in the last devotional? We're going to look at him again now. In Daniel chapter 2, King Nebuchadnezzar had some crazy dreams that he didn't understand, making him very cross and worried. He told all the wise men and magicians in the land that, unless they could tell him what his dreams meant he would kill them and destroy their homes, but he wouldn't tell them first what the dreams were! Wow, I wouldn't want to be in their shoes, would you??!! Everyone told the king that this was impossible. But Daniel knew better! He loved God so much and knew that NOTHING was impossible for God. So, even though Daniel knew that he too would be killed unless he could tell the king what his dream was and what it meant, he went home to pray and asked all his friends to pray too. In Daniel 2 v 19-23, we can see that Daniel praised and thanked God. He didn't complain or tell God how unfair life was, he thanked God and told Him how wonderful He was! Daniel was able to tell the king what his dream was and what it meant, because God was with him.

One of the best things we can do is to say "thank you" to God and tell him how grateful we are for what we have. Even if we feel really rubbish, once we start to think about all the good things that we have and to say "thank you", it makes us feel so much better. Sometimes its so easy to just ask God for things- and there's absolutely nothing wrong with asking, God wants us to!! But imagine if someone just kept asking you for things and never saying thank you- how would that make you feel? So why not, instead of always asking God for things when you pray, just spend some time thinking about all the things you are thankful for, and thanking God for those instead. It's amazing how much we all have to be grateful for, even if we don't realise it at first!!

ACTIVITY

GET CREATIVE...

A couple of weeks ago, you made a fab prayer tree. We're going to make it look even more beautiful now! (See Devotional 2 on the app if you missed it and make one now).



Make some leaves to go on your tree branches- you can make them any shape or colour that you want. On each leaf, write down something that you are thankful for. It might be your house, your family, the beautiful flowers in your garden, that you are healthy, that you have food to eat. Or it might be saying thank you to God that we are never alone, and that He always hears our prayers! Once you have made your leaves, stick them on your prayer tree. You can stick them on lots of different branches, or have them all on one. Its your tree, have fun making it look however you like!

What else can I do?

1. The book of Psalms in the Bible is full of examples of praising God and saying thank you. Why don't you try writing your own Psalm, or a song, saying thank you to God!
2. The next time your parents go to the supermarket, why not ask them very nicely if they can buy you a bag sweets that have lots of different colours in (like smarties, jelly babies, or M&Ms). Put them in a bowl, and every time you take one out to eat, say a little prayer of thanks to God for something- you could get everyone in your family to do it too!

If you pick out a sweet that is:

Red thank God for a person you're grateful for.

Yellow thank God for a place you're grateful for.

Green thank God for something that has happened today that you are grateful for.

Blue thank God for something that has happened in your life that you are grateful for.

Orange thank God for something in your house that you are grateful for.

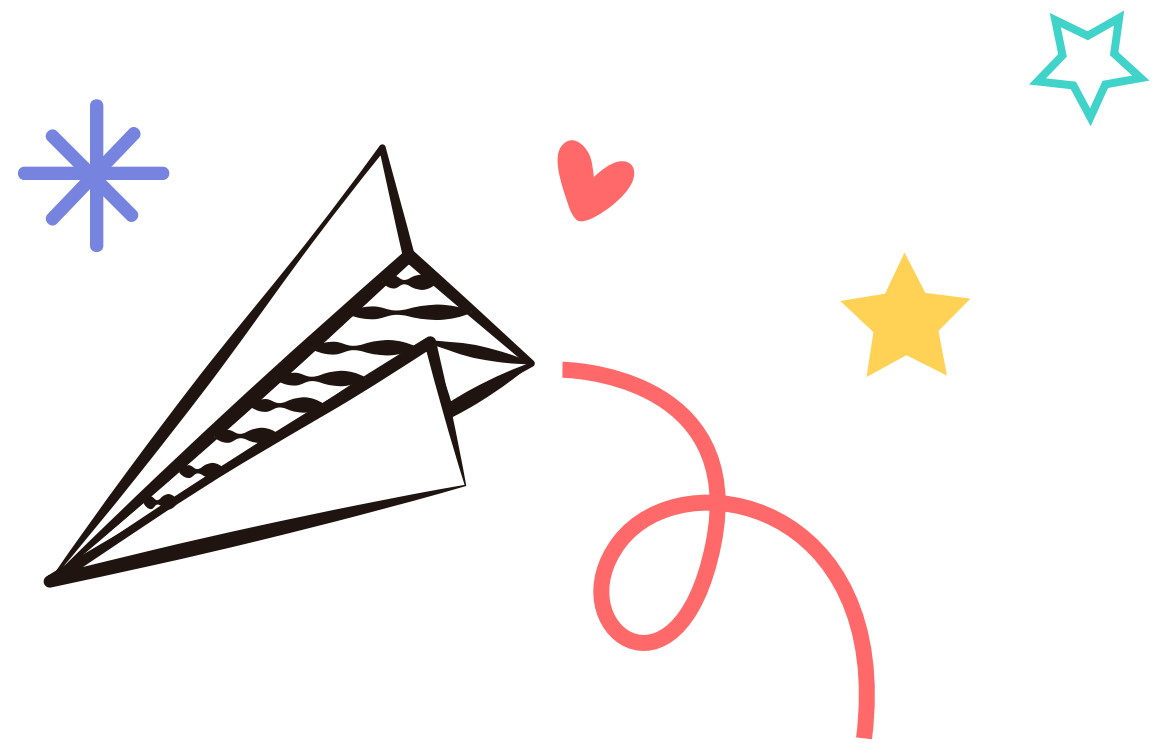
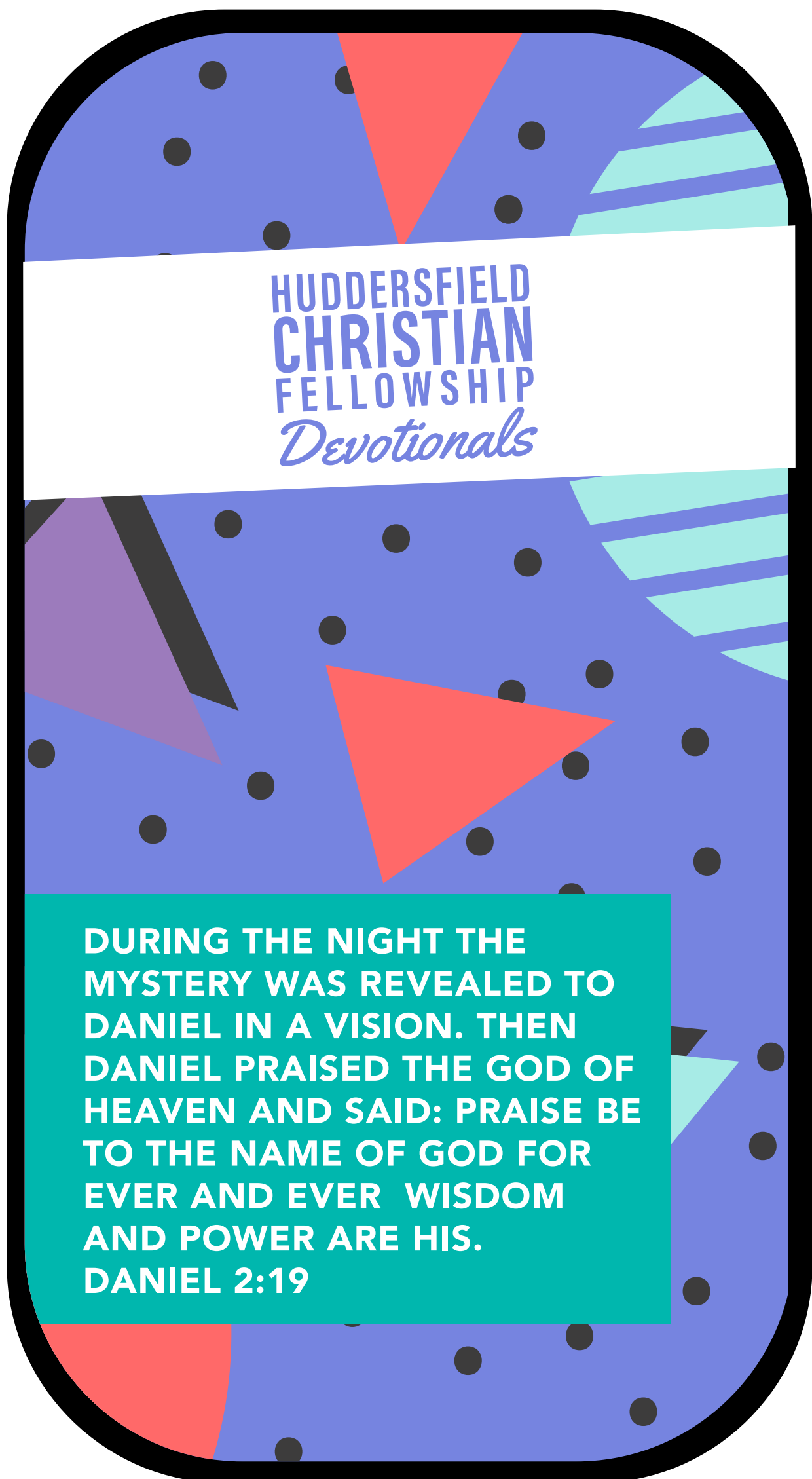
Any other colour, think of something else that you are thankful for that you can praise God for is a hard one! How many times in the bible can you find examples of people who prayed? See how many you can find, and write down who they were, what they prayed for, and where in the bible you found it. You can use whatever or whoever you like to help you! See if you can beat your friends or brothers and sisters. Maybe even challenge your parents! (Hint- some of the bible verses on these pages can give you a head start!)

2. See if you can arrange to face time/ zoom/ call a friend and pray together! You might feel a bit silly at first but once you get used to it, its great!!

★ **PRAYER** * 
★ **LET'S TALK TO GOD...**

God, thank you so much for all that you have given me. I have so much to be grateful for! Please help me to remember to always be grateful, and to always say thank you. Amen.

Devotional Downloads



Download this new cover image for your phone or tablet to remind you to come to god in prayer and ask for wisdom during this tough season!



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**HUDDERSFIELD
CHRISTIAN
FELLOWSHIP**



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