

## Rejoice, Request, Replace

**Intro:** Philippians is written while Paul is imprisoned. A common misconception is that this is at the same time that he would have been imprisoned after the casting out the demon the slave girl that was following him that led to the imprisonment without a trial, the earthquake, the Philippian jailer being saved, but this would have been later on in Rome that we see in **Acts 28** after his appeal to Caesar in **Acts 27**. Paul is stuck here for two years, unable to minister in person to the churches, brothers and sisters, and the unreached that he would have liked to, yet he aspires to be as effective as possible in his position, a prisoner. He wrote this epistle to the Philippian church while in this imprisonment in Rome.

**Problem:** It is too easy to let ourselves become pessimistic about the culture, to be overcome with worries, consumed with fear and stress, to become depressed. Where do we turn? What do we do?

The Lacy's, what spurred them on? How did they continue? -> Horatio Spafford

### Main Points:

**Rejoice** even when things are hard (4:4-5) Quarrels, bad circumstances, etc

- Romans 8
- Hebrews 10:14 John 17- Philippians 2:12-18 Gemstones -> sanctification -> God's glory -> Philippians 3
- Philippians 3:20-21, Philippians 1:21

**Request** to the Lord in prayer (25 times we see Jesus prioritizing prayer) (4:6-7)

- The Lord's prayer Matthew 6:9-13
- Matthew 18
- This does not mean he always answers:
  - 1 John 5:14-15
  - James 4:3
- 1 Peter 5:6-11

**Replace** your thoughts (4:8-9) Have a filter to know what is true

- Proverbs 3:5-8
- "Be imitators of me as I am of Christ"
- Philippians 3:17

### Application:

- *Rejoice in the gospel (see Romans 8)*
- *Read your bible for 10 minutes a day, see what happens.*
- *Practice praying and calibrating your prayers and heart with the Lord's prayer*
- *Imitate other believers you see doing these things.*