

TODAY'S PROMISE: I AM CHOSEN

WARM UP: Watch Day 2 Video

JOURNAL: Ephesians 1:3-5

Consider the love God has for you in choosing you as His child before the foundations of the world. Before you ever took a breath or achieved anything in life, God loved and chose you. Use the STAR Method to journal on this truth.

"Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love he predestined us for adoption to himself as sons through Jesus Christ, according to the purpose of his will," (Ephesians 1:3-5)



**I AM
DEEPLY
LOVED,
FOR I AM
CHOSEN**

DAY 2 VIDEO



ENCOURAGE:

Share with your group what impacted you most about the truth "I am Chosen." When you bring a blessing, everyone is enriched!

ATTACK THE DAY:

Heavenly Father, I cry out to You for grace to stand in this incredible truth that I am Chosen. I marvel at the fact that You wanted me to be in Your family before I ever took a breath, walked a step, or achieved anything in life. Your love is beyond comprehension! I am so grateful! Please help me stand strong in this truth and win the day! In Jesus' name, Amen!