

# I AM DEEPLY LOVED, FOR I AM CARED FOR AND PROTECTED

**TODAY'S PROMISE: I AM CARED  
FOR AND PROTECTED**

**DAY 5 VIDEO**

**WARM UP:** Watch Day 5 Video



**JOURNAL:** John 10:14-15, 27-28

Consider the love God has for you to care for and protect you. He is not just *the* Good Shepherd, but *your* Good Shepherd. Use the STAR Method to journal on this truth.

*"I am the Good Shepherd. I know my own and my own know me, just as the Father knows me and I know the Father; and I lay down my life for the sheep. My sheep hear my voice, and I know them, and they follow me. I give them eternal life, and they will never perish, and no one will snatch them out of my hand." (John 10:14-15, 27-28)*

## **ENCOURAGE:**

Share with your group what impacted you most about the truth "I am Cared For and Protected." Your voice matters!

## ATTACK THE DAY:

Heavenly Father, I cry out to You for help to own this identity statement that I am Cared For and Protected by You. Regardless of my circumstances, I have confidence, for You are not just *the* Good Shepherd; You are *my* Good Shepherd. I am so grateful, Father. Please help me stand in this truth and win the day! In Jesus' name, Amen!