

**I AM  
DEEPLY  
LOVED,  
FOR I AM  
RESCUED  
FROM  
THE  
POWER  
OF SIN  
AND  
DEATH**

## DAY 3 VIDEO



# TODAY'S PROMISE: I AM RESCUED

## WARM UP: Watch Day 3 Video

**JOURNAL:** Romans 6:10-11

Consider the love God has for you to rescue you from the power of sin and death. You are no longer a slave to sin. Death no longer has victory. Jesus Christ has set you free. Use the STAR Method to journal on this truth.

*"For the death he died he died to sin, once for all, but the life he lives he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus."*

## ENCOURAGE:

Share with your group what impacted you most about the truth "I am Rescued." Your discoveries could change someone's life!

# ATTACK THE DAY:

Heavenly Father, I cry out to You for grace to know and experience this truth that I am Rescued. In Christ, sin and death are rendered powerless. I am victorious and a slave to righteousness. O God, break the strongholds in me that tell me otherwise! Let's win the day! In Jesus' name, Amen!