## BLINDED BY STRESS Blind Spots, Pt.7 August 6, 2023 Matt Blackford, Outreach Minister

1 Peter 5:7 "Cast all your anxiety on him because he cares for you." (NIV)

Notes:

What should someone do to cast their cares on God?

1		
4		
Reference Verse:		
Matthew 11:28	Psalm 34:17-19	