

**CHOOSING TO LIVE AN UNHURRIED LIFE**  
**Faith in a Busy World, Pt.1**  
**May 17, 2026**

Luke 10:38 "As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. <sup>39</sup> She had a sister called Mary, who sat at the Lord's feet listening to what he said. <sup>40</sup> But Martha was distracted by all the preparations that had to be made. She came to him and asked, 'Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!' <sup>41</sup> 'Martha, Martha,' the Lord answered, 'you are worried and upset about many things, <sup>42</sup> but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her.'" (NIV)

**Negative emotions can indicate \_\_\_\_\_.**

**Prune my \_\_\_\_\_.**

Luke 8:14 "The seeds that fell among the thorns represent those who hear the message, but all too quickly the message is crowded out by the cares and riches and pleasures of this life. And so they never grow into maturity." (NLT)

Ecclesiastes 4:6

Proverbs 20:25

Ecclesiastes 3:11 "He has made everything beautiful in its time. He has also set eternity in the human heart; yet no one can fathom what God has done from beginning to end." (NIV)

**Give Jesus \_\_\_\_\_.**

Ephesians 2:8 "For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God" (NIV)