

SELF-CONTROL
Time to Grow, Pt.9
August 18, 2024

Galatians 5:22-23

Galatians 5:13 “You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love. ¹⁴ For the entire law is fulfilled in keeping this one command: ‘Love your neighbor as yourself.’ ¹⁵ If you bite and devour each other, watch out or you will be destroyed by each other. ¹⁶ So I say, walk by the Spirit, and you will not gratify the desires of the flesh. ¹⁷ For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want.” (NIV)

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1 Corinthians 9:24 “Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. ²⁵ Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever.” (NIV)

For the Christian, the motivation for self-control is _____.

Luke 22:42 “Father, if you are willing, take this cup from me; yet not my will, but yours be done.” (NIV)

John 19:10 “‘Do you refuse to speak to me?’ Pilate said. ‘Don't you realize I have power either to free you or to crucify you?’ ¹¹ Jesus answered, ‘You would have no power over me if it were not given to you from above.’” (NIV)

Matthew 10:38 “Whoever does not take up their cross and follow me is not worthy of me. ³⁹ Whoever finds their life will lose it, and whoever loses their life for my sake will find it.” (NIV)