

WATCH

As you may have seen in the video that goes with this study guide, these are times of concern, especially about our health and sickness. While these are times that are new to us, they aren't new to God and to God's people.

For this lesson, I want us to focus on 2 Corinthians 4:16-18. This is a letter of the apostle Paul to the church at Corinth, a church that needed lots of encouragement in a lot of ways! In this passage Paul is encouraging the congregation at Corinth to focus on the eternal, and rather than focusing on troubles we have now, to focus on things that we cannot see, the one true God, and our relationship with him through Jesus Christ!

READ

2 Cor. 4:16-18.

16 Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. 17 For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. 18 So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.

REACT

Like the church in Corinth, do troubles in your life draw your attention, and do they drain your energy?

What specific troubles in your life draw your attention? Work, financial issues, health issues, relationships, etc.

How can Paul's advice to never give up and have a perspective that is focused on eternity help you? See also Hebrews 12:2, fixing our eyes on Jesus.

REFLECT & PRAY

Speak to God about your health concerns or other troubles in this world and ask him to show you how to fix your eyes on Jesus.

Lord, help me to persevere and never give up. Help me to see my troubles as only temporary and to be encouraged that God is with me now, and God is with me for eternity through Christ. Give me strength and help me to fix my eyes on Jesus.

Thank You for Your word and for Your love.

In Jesus name, Amen