

Watch

We like to think we are in control of what happens within our sphere of influence. We decide what we're going to do, eat, and wear. But in times like these, we're painfully reminded how little we actually can control.

Jesus' disciples had these same feelings. And in a time when they felt their world turning upside down, Jesus gave a word of comfort to calm them. Like the disciples, we need the reminder that when everything around us feels crazy and out of our control, we have a peace the world cannot understand.

Read

John 14: 15-27

React

What things do you feel that you've lost control of during recent weeks?

In what ways are you trying to take back control of those things?

Have you sought the wisdom of the Holy Spirit to lead you to new truth during difficult situations? What advice is Scripture speaking to you in this passage for how to receive and follow the Spirit?

How is the peace that Jesus gives different than what the world has to offer?

How can times where we feel little control become blessings that lead to peace?

Reflect & Pray

What relationships, practices, and habits lead you closer to the Spirit and to the peace that Jesus promises? How can you grow in those areas?

What word of encouragement or comfort can you offer to someone that is struggling with feeling out-of-control?

Lord, we confess our tendency to hold on to control. Though we believe that life is better under your plan, it is still hard to yield control and to trust your ways. Help us to relinquish control to you. Guide us to the truth revealed by your Spirit. Comfort us with the peace that Jesus has promised to us. All glory and power and praise belong to you forever. Amen