

CRAZY BUSY: The Roots of Our Busyness

John 3:22-31

THE REMEDY FOR OUR ROOTS

Pride = Repent = "I am NOT the Messiah"

People-Pleasing = Remember = "I am filled with joy with his success"

Progress = Reclaim = "He must increase, and I must decrease."

RE-CENTERING OUR LIVES

WELCOME + WEEK 1 RECAP

GOOD OLE' COUSIN JOHN

John 3:22-31

John the Baptist was marked with humility (v. 27-28), security (v. 29) and purpose (v. 30-31).

The antitheses of these three are the roots of our crazy busy lives.

THE TREE OF BUSYNESS

Pride

People-Pleasing

Progress

CRAZY BUSY: The Root of Busyness

John 3:22-3, Galatians 1:10 & Luke 4:42-43

Date: 9/17/2017

GETTING STARTED

What is more important... the experience, or the memory of that experience?

SUNDAY RECAP

Corrie ten Boom once said, “*If the Devil cannot make us bad, he will make us busy.*” Busyness plagues us all at different seasons of our lives, but what drives that busyness? Why would we continue patterns of living that wear us out and damage our lives and relationships? Maybe there is something at the root of it all. What is the root of our busyness?

The root system of any tree determines its sustainability and even its strength. If the tree of our life is busyness, then the roots of that tree are pride, people-pleasing and misguided purpose through progress. This week’s message not only gives us answers to what is at the root of the problem but also biblical solutions to addressing that problem. There is hope!

STUDY & SHARE

1. This week’s message identified for us three roots associated with busyness in our lives (pride, people and progress).
 - a) Read John 3:22-31. What can we learn from the life and example of John the Baptist in regards to pride?
 - b) James 4:6 says that God gives us more grace and that He is opposed to the proud. How should this understanding of God shape our lives and help us with the root of pride?
 - c) According to the sermon, the way we respond to pride in our lives is to understand we are children of God and to repent of our pride. What does it look like spiritually and practically for us to repent of this pride?
2. The next root mentioned was the root of people – specifically pleasing people. We create our own busyness and allow others to create busyness for us.
 - a) What drives this root for you and why? Gaining the approval of others? Comparison? Spoken and unspoken expectations?

- b) Read Galatians 1:10 and 6:4. The way we deal with this is to *remember* – remember who you are and to whom you are called to please with your life. What needs to change in your life right now that will give you the freedom to do that?

3. The last root deals with the desire for progress in our lives. – This can look like misguided purpose and focus. Both Jesus and John were clear on His purpose and would not let the promise of more power influence Him to change his direction.
 - a) How have you prioritized success, power, and position over your relationship with God?
 - b) Read Romans 8:1. How can you begin to realize that there is nothing you can do to make God love you any more or less?
 - c) The way we address this root is to *reclaim*. In what ways can you be more intentional in reclaiming your intended and created purpose?

SEND // GROUP CHALLENGE

Spend time reading and reflecting on Mathew 22:37, in what ways have you loved the Lord with all of your heart, soul and strength? Which of those areas have you fallen short, or experienced missed opportunities? Individually zero in on one of the 3 roots (pride, people-pleasing and progress) that you would like help addressing in your life. Once everyone has chosen an area, discuss how you can hold each other accountable in pursuing God more intentionally and addressing your busyness. Discuss ways you can check in with each other during the week.

SUPPORT // PRAYER

Break up into small groups of 2-3 and have each person share something they need prayer for in the coming week in regards to busyness. Pray together.

These **Sermon Based Life Group Materials are provided by Rise City Church for the purpose of deeper study of God’s Word and are best used in a small group setting. If you would like more information about Life Groups at Rise, please go the Life Groups page on our website or to the Rise City app.*