

**GETTING STARTED**

If you could instantly become an expert in something, what would it be?

**SUNDAY RECAP**

In 1 Corinthians 6, Paul's letter is one of frustration but also ultimately one of love. The Corinthians rationalized their behavior, saying they were free from the law and that everything was permissible. However, Paul rebuts this "...not everything is good for you ...I must not become a slave to anything." We see this same logic in today's culture; sex outside of God's intended plan is rationalized. People claim that individuals can make their own choices instead of living by the laws God has laid before us. Just because something may be pleasurable and enjoyable doesn't mean we should engage in it; we also need to be aware that there are ramifications for our actions. Paul closes this section of his letter by reminding us of the cost of our freedom. Our freedom was bought with Jesus' blood. Our bodies were purchased at too high a price not to treat them the way God intended.

**STUDY & SHARE**

1. Read and reflect on 1 Corinthians 6:12-20. How does the passage relate to this week's message and how can you apply it to your life? What are some things that are legal, but you choose not to participate in because you know they are not good for you personally?

2. Corinth had a culture that thought sex was purely physical - it believed it was a hobby and something you did recreationally. For many, this sentiment still rings true today. Sex is seen as just a physical act - it doesn't have any meaning unless you want it to. What other behaviors do people engage in because they "feel good", without considering the consequences?

***“You say, ‘I am allowed to do anything’—but not everything is good for you. And even though ‘I am allowed to do anything,’ I must not become a slave to anything. You say, ‘Food was made for the stomach, and the stomach for food.’....But you can’t say that our bodies were made for sexual immorality. They were made for the Lord, and the Lord cares about our bodies.”***

3. Read and reflect on 1 Corinthians 6:19-20.

Why do you think as a culture that we tend to believe that sexual behavior doesn't have consequences? Do you think the idea of "no consequences" lines up with reality? Are you willing to share a time when your actions had ramifications for others?

## **WEEKLY QUESTIONS TO CONSIDER & DISCUSS**

What did you hear the Holy Spirit saying to you during this week's sermon? What did God stir in your heart?

Thinking about your own body and how you treat it, what do you need to accept and own in response to this week's message?

## **SHINE TO OTHERS**

As you think about this week's message and your time as a group, where can you offer love, support and accountability to a friend, co-worker or neighbor?

## **SUPPORT // PRAYER**

God, keep me in your ways and not in the ways of the world. You created every single molecule of my body. Lord, help me always to treat it respectfully and with honor. Help me to choose not to engage in situations that I know are not good for me.

Pray for those in your group as well as other needs within your group.

*\*These **Sermon Based Life Group Materials** are provided by Rise City Church for the purpose of deeper study of God's Word and are best used in a small group setting. If you would like more information about Life Groups at Rise, please go the Life Groups page on our website or to the Rise City app.*