John 14:15-17 NLT	
The Holy Spirit is not just some	experience,
but rather He is the Go	od has given for your
Ezekiel 36:26-27 NLT	·
Galatians 5:15-25 NLT	
Verse 25 - "to follow or walk or stay in step with the Spirit" = stoichmen = to proceed in a row as the march of a soldier; in cadence	
TWO WAYS TO STAY IN STEP	
1	
2	
ASKING. AWARENESS. ACTION.	

THE HOLY SPIRIT

Message given by Brandon Grant, Lead Pastor Watch/Listen to more messages through the Rise City Church App or online at www.risecitychurch.com

DISCOVERING JESUS: Don't Follow Your Heart

Mark 7:1-23

DON'T FOLLOW YOUR HEART!

Jeremiah 17:9-10a NLT

Don't follow your heart. Rather, stay in step with the Holy Spirit!

HYPOCRISY, LOOPHOLES AND THE HEART

Mark 7:1-23 NLT

Ultimately, Jesus says that hypocrisy and loopholing are evidence of sick and broken heart.

<u>Hypocrisy</u> - Saying one thing yet doing another; playing a part but not really living out the part

<u>Loopholing</u> - Intentionally finding ways around doing and saying what God desires

So what's the remedy?

*For continued message outline, please turn to the back of this handout.

DISCOVERING JESUS: Don't Follow Your Heart

Date: 5/19/2019

GETTING STARTED

If you had to delete all but 3 apps on your phone, which ones would you keep?

SUNDAY RECAP

"The human heart is the most deceitful of all things, and desperately wicked. Who really knows how bad it is? But I, the Lord search all hearts and examine secret motives."

// Jeremiah 17:9-10

Have you ever been told to follow your heart when making a decision? In your experience was this a good or bad?

STUDY & SHARE

1. In Mark 1 and Jeremiah 17 our hearts are described as deceitful and desperately wicked do you agree, yes or no and why?

2. Read and reflect on Mark 7:1-23

Our actions at times don't always line up with our behavior. It reveals a disconnect between reality and your heart. Describe a time in your life and your relationship with God when you were doing the "right" things for the wrong reason?

"So I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want." // Galatians 5:16-17

3. Read and reflect on *Galatians 5:16-25*

What steps can you put in place in your life to keep you walking in step with the Holy Spirit? Which acts of the flesh can you ask God to remove and which fruit of the spirits can you embrace?

SHINE TO OTHERS

4. As you reflect on this week's message and your time as a group, what is one thing you feel the Holy Spirit is asking you to address in your life?

SUPPORT // PRAYER

God, I pray that always keep my sights and heart set upon you. That I keep the distractions of the world out and only let your light in. When I do go astray, I pray my heart realigns itself with yours. Pray for those in your group as well as other needs within your group.

^{*}These **Sermon Based Life Group Materials** are provided by Rise City Church for the purpose of deeper study of God's Word and are best used in a small group setting. If you would like more information about Life Groups at Rise, please go the Life Groups page on our website or to the Rise City app.