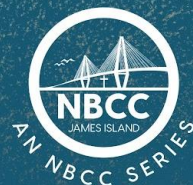
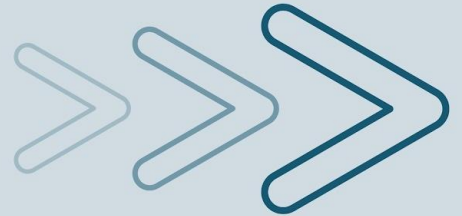


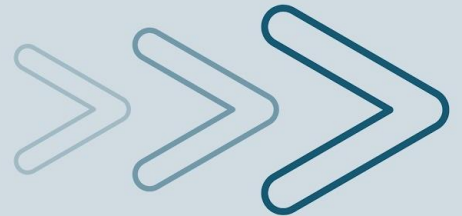
# GREATER THAN



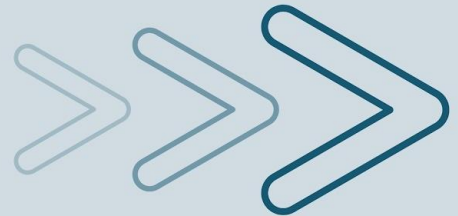
# A World of Worry



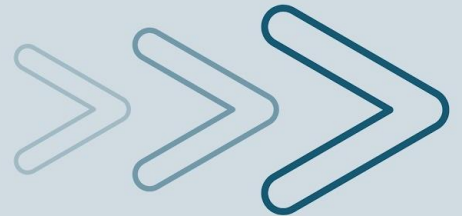
**67% of Americans say they are  
anxious about what's happening in  
the world.**



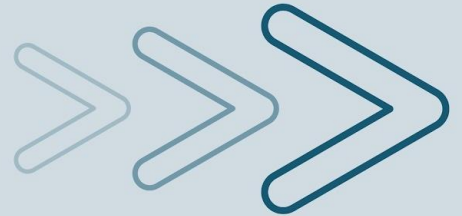
**75% of people report at least one stress-related symptom every month - fatigue, headaches, insomnia.**



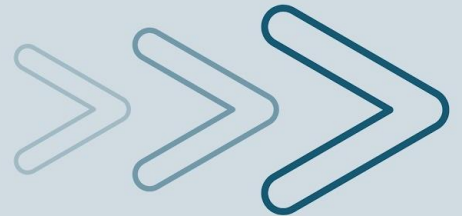
**43% of adults say they are more  
anxious today than they were a year  
ago.**



**47% of Americans say they live in a  
constant state of worry.**

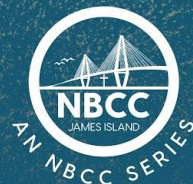


**The average person faces 5 daily  
stressors -  
work, money, health, family, and time.**





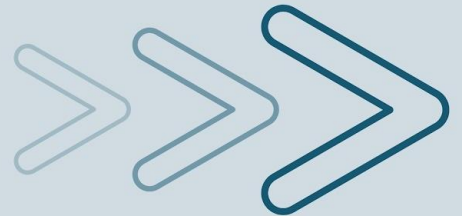
# GREATER THAN



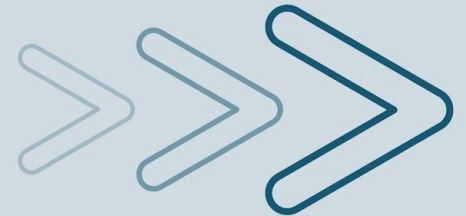


**Rejoice > Complain**

**Gentleness > Harshness**

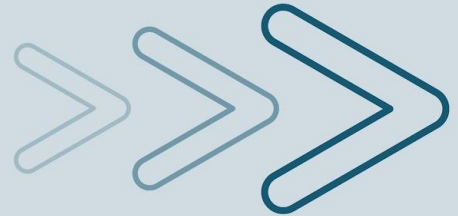


**Prayer > Worry**

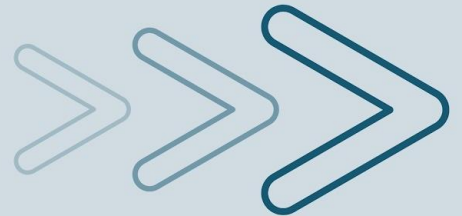


**Don't worry about anything; instead,  
pray about everything.  
Tell God what you need, and thank  
him for all he has done.**

***Philippians 4:6***



**When prayer becomes your first response,  
peace replaces your worry.**



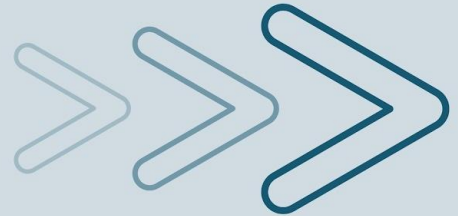
# GREATER THAN





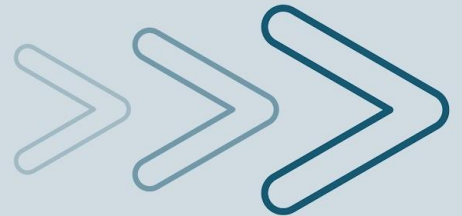
**When you pray, don't be like the hypocrites who love to pray publicly on street corners and in the synagogues where everyone can see them.**

***Matthew 6:5***



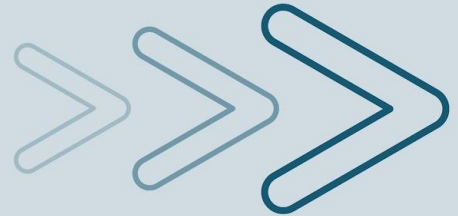
**I tell you the truth, that is all the  
reward they will ever get.**

***Matthew 6:5***



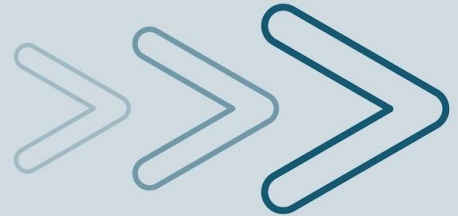
**But when you pray, go away by yourself, shut the door behind you, and pray to your Father in private.**

***Matthew 6:6***



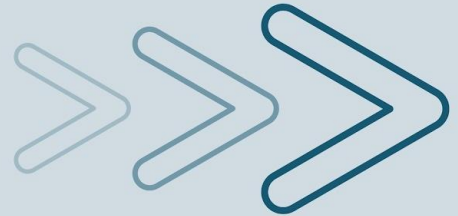
**Then your Father,  
who sees everything,  
will reward you.**

***Matthew 6:6***



**When you pray, don't babble on and on as the Gentiles do. They think their prayers are answered merely by repeating their words again and again.**

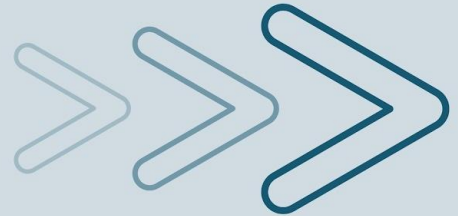
***Matthew 6:7***





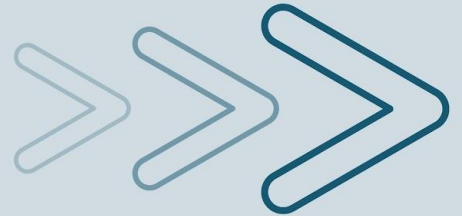
**Don't be like them, for your Father  
knows exactly what you need even  
before you ask him!**

***Matthew 6:8***



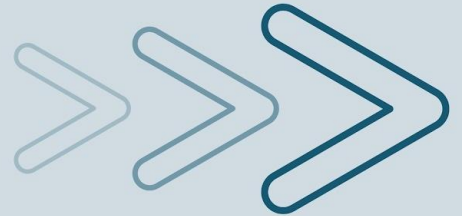
**Pray like this:**

***Matthew 6:9***



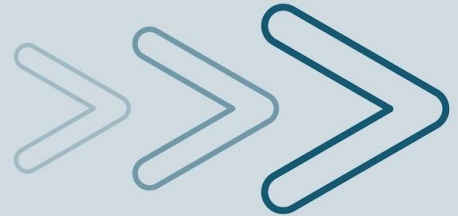
**Our Father in heaven,  
may your name be kept holy.**

***Matthew 6:9 - 13***



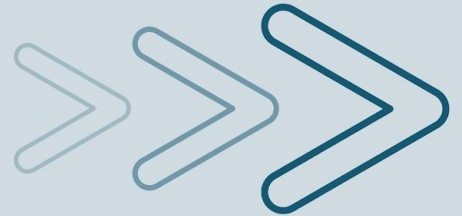
**May your Kingdom come soon.  
May your will be done on earth,  
as it is in heaven.**

***Matthew 6:9 - 13***



**Give us today the food we need,**

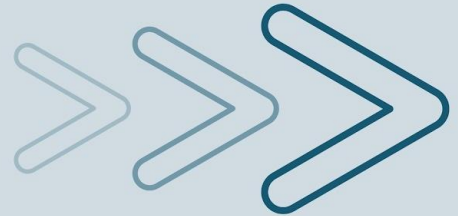
***Matthew 6:9 - 13***





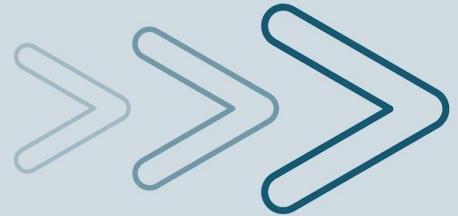
**and forgive us our sins,  
as we have forgiven those who sin  
against us.**

***Matthew 6:9 - 13***

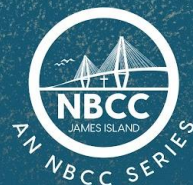


**And don't let us yield to temptation,  
but rescue us from the evil one.**

***Matthew 6:9 - 13***

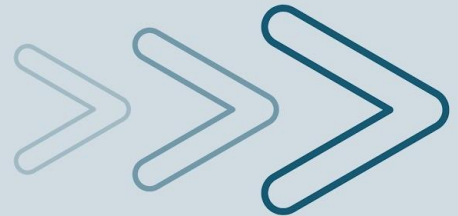


# GREATER THAN



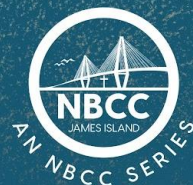
**“I am the way, the truth, and the life.  
No one can come to the Father except  
through me.”**

***John 14:6***



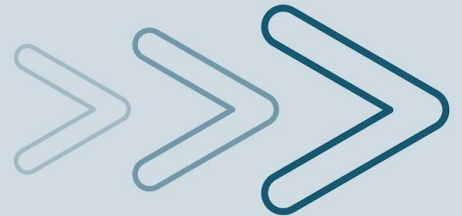


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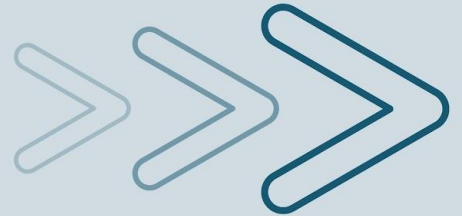


**Pray Constantly**

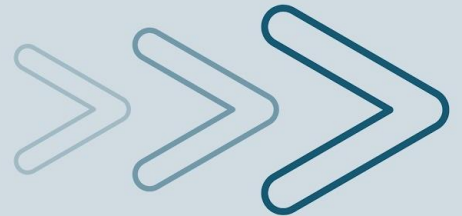


**Never stop praying.**

***1 Thessalonians 5:17***

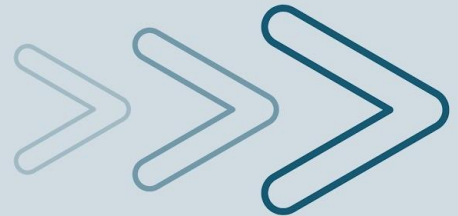


# Pray Authentically

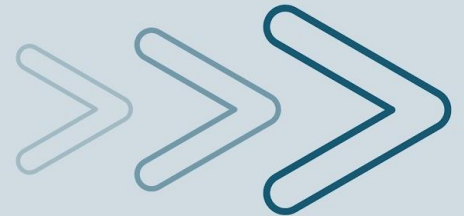


**Trust in him at all times, you people;  
pour out your hearts to him,  
for God is our refuge.**

***Psalm 62:8***



# Pray Scripturally

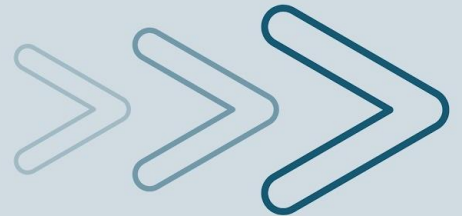


**If you remain in me and my words  
remain in you, ask whatever you wish,  
and it will be done for you.**

***John 15:7***

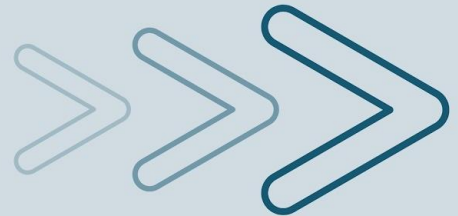


# Pray with Trust



**And we are confident that he hears us  
whenever we ask for anything that  
pleases him.**

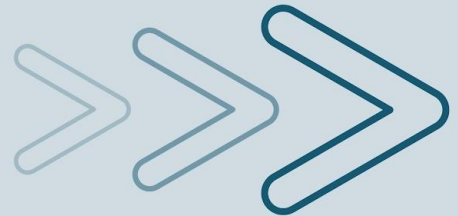
***1 John 5:14 - 15***



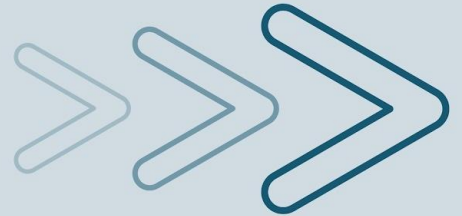


**And since we know he hears us when we make our requests, we also know that he will give us what we ask for.**

***1 John 5:14 - 15***

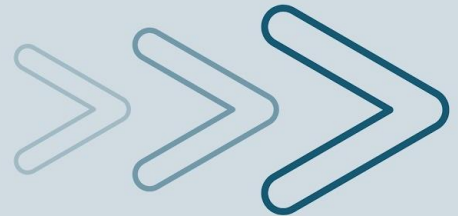


**Constantly  
Authentically  
Scripturally  
Trusting**

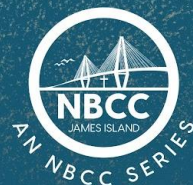


**CAST all your anxiety on him because  
he cares for you.**

***1 Peter 5:7***

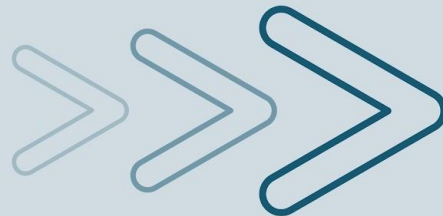


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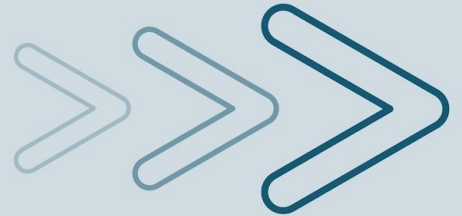
**Weekly churchgoers report the  
highest levels of mental health and  
life satisfaction in America.**

***Gallup***



**Studies show prayer and meditation  
lower stress hormones and blood  
pressure.**

***Harvard Gazette***





# GREATER THAN

