



fit check

WHAT YOU'RE WEARING INTO YOUR RELATIONSHIPS



Fit check 🔥



In our culture, a 'fit check' just means making sure what you're wearing matches where you are and who you are with.

#fitcheck #ootd

Whether we realize it or not, we also wear
things into our relationships -
attitudes, habits, reactions, patterns.



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February = Relationship Month

Building Better Relationships

What if we are trying to fix the wrong things?

Before we talk about how to relate better with others, we might want to take a look inside and see what is driving us.

What drives our relationships
is our relationship with Jesus.



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Since you have been raised to new life with Christ, set your sights on the realities of heaven, where Christ sits in the place of honor at God's right hand.

Colossians 3:1

Think about the things of heaven, not the things of earth.

Colossians 3:2

For you died to this life, and your real life is hidden with Christ in God.

Colossians 3:3

And when Christ, who is your life, is revealed
to the whole world, you will share in all his
glory.

Colossians 3:4



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So put to death the sinful, earthly things lurking within you. Have nothing to do with sexual immorality, impurity, lust, and evil desires.

Colossians 3:5

Don't be greedy, for a greedy person is an idolater, worshiping the things of this world.

Colossians 3:5

Because of these sins, the anger of God is coming. You used to do these things when your life was still part of this world.

Colossians 3:6 - 7

But now is the time to get rid of anger, rage,
malicious behavior, slander, and dirty
language.

Colossians 3:8

Don't lie to each other, for you have stripped off your old sinful nature and all its wicked deeds.

Colossians 3:9



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Put on your new nature, and be renewed as you learn to know your Creator and become like him.

Colossians 3:10

In this new life, it doesn't matter if you are a
Jew or a Gentile, circumcised or
uncircumcised, barbaric, uncivilized, slave or
free.

Colossians 3:11

Christ is all that matters, and he lives in us.

Colossians 3:11



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Since God chose you to be the holy people he loves, you must clothe yourselves with -

Colossians 3:12

tenderhearted mercy, kindness, humility,
gentleness, and patience.

Colossians 3:12

Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others.

Colossians 3:13

Above all, clothe yourselves with love, which binds us all together in perfect harmony.

Colossians 3:14



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We clothe ourselves with what Jesus has
given to us.

This week:
Dwell on these attributes

- tenderhearted mercy
 - kindness
 - humility
 - gentleness
 - patience
 - forgiveness
 - love

Do to others whatever you would like them to do to you. This is the essence of all that is taught in the law and the prophets.

Matthew 7:12

Jesus' version -

He did to us what He would have us to do to
others.



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Receive before you can give.



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