- John opens his gospel testifying 1:1-4, 18 ... He then presents evidence to back up his testimony, through 7 signs done by Jesus, and 7 self-declarations made by Jesus ... He weaves throughout each, the human struggle of belief and unbelief ... Both have great influence over our life ... But both mean to lead you in the opposite direction of the other ... John writes what he does believing that by reading and hearing his words, you would "believe that Jesus is the Messiah, the Son of God, and that by believing you may have life in His name," (20:31) ...
- What does it mean to believe in Jesus ... John uses believe 98x (97x as verb) ... Why? ... Our belief in Jesus cannot remain only within our mind ... How is your life being transformed by what you believe ... How's your belief in Jesus shaping your character ... guiding your family ... forming your relationships ... helping you to fight sin ... Our faith in Jesus shows itself to be genuine in how our life bears witness to our faith ... If your life isn't being changed by what you claim to believe, then you may not actually believe what you're claiming ...
- Jesus is surrounded by a large crowd of people some are questioning Him; others are confused by Him; there are probably some who tagged along because of a friend, or they wandered in because of curiosity ... The disciples of Jesus are also present the 12 apostles, plus others ... So, before those gathered around, Jesus declares 6:35 ... In the simple phrase, I am the bread of life, Jesus stresses 1) the "I am" structure used is the exact structure God uses in Ex3 with Moses ... 2) the emphasis is not on the bread but on Him the bread of life is I ...
 - The greatest need of humanity is not physical but spiritual ... Every person is made in the image of God we share many of His characteristics; we possess a spirit; we long for relationship ... God made Adam and Eve with the desire and ability to be in relationship with Him without any hinderance ... When sin enters the world, because of their own doing, Adam and Eve are banished from the Garden ... In being removed, they no longer possess the ability to be in relationship with God as before ... For the first time, a longing existed within them that remained unfulfilled ... Everyone comes into the world with this same unfulfilled void ...
 - We don't know what it is, why it's there, or how to satisfy it ... We try to fill the void with various things ... Hoping to find something that at least brings us partial satisfaction ... 6:27 – food that perishes contrasted with food that lasts ... The longing we're born with is spiritual, which means nothing of this world can ever sufficiently satisfy us ... God created this longing in such a way that He is the only one who can perfectly fulfill the void within us ... 6:35 – never hunger or thirst – our greatest need is His greatest concern ... All that you and I need in life is found in the fullness of who Jesus Christ is ... The bread is life because He is life ... And He sufficiently nourishes every person who comes to Him and believes in Him ... 6:48-58 ...
- The crowd is fixated on having their physical needs met ... Jesus is pushing them to understand that their spiritual need is of greater concern ... Filling their stomachs will not wash away their sin ... The bread of this world cannot save them ... However, the Bread of Life can save them ... And this is why He has come down from Heaven, why the Father has sent Him ... And what must we do in order to receive the Bread of Life 6:29, 35, 40 ... It's not just knowing Jesus offers salvation, it's actively receiving His salvation and living from His salvation ... And you keep on living from, and believing in, and walking with Jesus ... It's a faith that is tried and true ... It's a faith that remains no matter the circumstance ... It's a faith whose object and author and perfector is Jesus Christ Himself nothing less!

- Not only does He promise to give eternal life to all who come to Him, but Jesus also promises to keep all who come to Him... And those He keeps, He promises to raise up on the last day meaning, He keeps holding on until you're finally at home with Him... 6:37, 39-40...
 - At a point before all came into existence, the Father set His affection onto a people who He would gather to be His own possession ... Then the Godhead put this plan into motion to be accomplished ... The Father sends the Son to the people, and He sends the people to the Son (6:44) ... And all who come to the Son, will not be cast aside ... Why 1) the Father has already given them to the Son ... 2) Son comes to do the will of the Father, which is to keep those He has saved until the very end (10:16, 27-30)
 - For the Son to lose any the Father has given Him would cause the Son to not accomplish the Father's will ... Thus, the Son is no longer sufficient to be the Savior and Life you and I need ... Does this mean, once saved always saved? ... Depends on what you're really asking ... Once I'm saved, can I live however I want and still make it to Heaven? ... Does it really matter how I live from now until I die? ... This goes back to what we started off with ... What does it mean to believe in Jesus?
 - What does the Father require, what is God's will for you 6:29, 40 ... Your salvation is totally dependent on Christ alone ... You don't deserve it, and you can't earn it, so why do you think it depends on you to keep it ... Every day, receive from Him the bread that you need ... Rest in who He is and the work He has finished