

“Walking in Unity”

Ephesians 4:1-6 Study Guide

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Background and Theme

1. **Author:** The Apostle Paul
2. **Audience:** The church in Ephesus
3. **Theme of Ephesians: Christ and the Church**
 - The Church Sitting in Christ (Ephesians 1-3)
 - The Church Walking in Christ (Ephesians 4-6:9)
 - The Church Standing in Christ (Ephesians 6:10-24)

I. Called to Walk

- **Key Word:** “Worthy” - “axios” (Greek)
- **Meaning:** To be of an equal weight.

II. How to Walk

1. **Lowliness**
2. **Gentleness**
3. **Long-Suffering**
4. **Love**

Verses Referenced: Ephesians 2:8-9, Mark 10:45, John 13:34-35, Philippians 2:1-11

Questions for Reflection and Discussion:

1. Paul calls for the church to walk worthy of their position in Christ, but is not calling the church to walk and MAKE themselves worthy. Do you find that you struggle with this, thinking that you have to now strive to be worthy in your walk with Christ?

2. The church is unified as people walk in lowliness and gentleness. What are some practical ways this can be accomplished in the local church?

3. The church is also unified when long-suffering is exercised. When have you extended long-suffering to another believer? When have you experienced long-suffering personally?

4. What are some examples from the life of Jesus that exhibited these attributes of walking that Paul describes in verses 2-3?

This week, re-read Ephesians 4:1-6 and pray through the truths you find while reading. Find someone to discuss these verses with, and share the word with someone you don't know as well.

Notes:

For questions or comments email Pastor Justin at jgolden@calvarychapelparis.com