



Series: Genesis: The Foundations for the Coming of Christ

Title: Wrestling and Returning

Scripture: Genesis 32

September Memory Verse: *"So you, by the help of your God, return, hold fast to love and justice, and wait continually for your God."* **Hosea 12:6**

1. God is always there, we just can't always see Him. (vs. 1-2)
2. Even when we see God we often try to handle things on our own. (vs. 3-8)
3. Prayer is an anytime resort, so we should PRAY all the time. (vs. 9-12)
4. When we are wrestling, we often try to isolate ourselves. (vs. 13-24a)
5. God comes and wrestles with us. (vs. 24b-32)
6. God faithfully wounds us to break our self-reliance so we rely on Him instead.
7. God blesses us in our surrender by giving us a new identity in Christ. (Gal. 2:20)

Now what? (Hosea 12:3-6; Gen. 33:3-5; 18-20)

1. Return with the help of your God.
2. Hold fast to love and justice.
3. Wait continually for your God.