

When In Romans

Nothing Left to Prove

Pastor Jeff Atherton



Themes from Romans

Week 1: The gospel is the power of God

Week 2: We all need grace

Week 3: God made a way

Week 4: In Christ, we don't manage sin - we kill it

Week 5: You're not on trial anymore - you're secure in His love

Because of Jesus... I'm Already FREE - I can Stop Living Like I'm on TRIAL

Romans 8:1-4 NLT

So now there is no condemnation for those who belong to Christ Jesus. And because you belong to him, the power of the life-giving Spirit has freed you from the power of sin that leads to death. The law of Moses was unable to save us because of the weakness of our sinful nature. So God did what the law could not do. He sent his own Son in a body like the bodies we sinners have. And in that body God declared an end to sin's control over us by giving his Son as a sacrifice for our sins. He did this so that the just requirement of the law would be fully satisfied

for us, who no longer follow our sinful nature but instead follow the Spirit.

The cross didn't DELAY our punishment — it DELETED it!

Because of Jesus... I'm Not ALONE - I'm EMPOWERED

Romans 8:5-14 NLT

Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit. So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace. For the *sinful nature is always hostile to God*. It never did obey God's laws, and it never will. That's why those who are *still under the control of their sinful nature can never please God*. But *you are not controlled by your sinful nature*. You are controlled by the Spirit if you have the Spirit of God living in you. (And remember that those who do not have the Spirit of Christ living in them do not belong to him at all.) And Christ lives within you, so even though your *body will die because of sin*, the *Spirit gives you life* because you have been made right with God. The Spirit of God, who raised Jesus from the dead, *lives in you*. And just as God raised Christ Jesus from the dead, *he will give life to your mortal bodies* by this same Spirit living within you.

Therefore, dear brothers and sisters, *you have no obligation to do what your sinful nature urges you to do*. For if you live by its dictates, you will die. But if through the power of the Spirit you put to death the deeds of your sinful nature, you will live. For all who are led by the Spirit of God are children of God.

We aren't saved by WILLPOWER - We live by the POWER of His SPIRIT

Because of Jesus... I'm not Just FORGIVEN - I'm ADOPTED

Romans 8:15-17 NLT

So you have not received a spirit that makes you fearful slaves. Instead, *you received God's Spirit* when he *adopted you as his own children*. Now we call him, "Abba, Father." For his Spirit joins with our spirit to affirm that *we are God's children*. And since we are *his children*, we are **his heir*s*. In fact, together with Christ we are *heirs of God's glory*. But if we are to share his glory, *we must also share his*

suffering.

God didn't just RESCUE you — He WELCOMED you HOME

Because of Jesus... My PAIN Isn't the END - It's part of the PLAN

Romans 8:18-30 NLT

Yet *what we suffer now is nothing compared to the glory* he will reveal to us later. For all creation is waiting eagerly for that future day when God will reveal who his children really are. Against its will, all creation was subjected to God's curse. But with eager hope, the creation looks forward to the day when it will join God's children in *glorious freedom from death and decay*. For we know that all *creation has been groaning* as in the pains of childbirth right up to the present time. And we believers also groan, even though we have the Holy Spirit within us as a foretaste of future glory, for we long for our bodies to be released from sin and suffering. We, too, wait with *eager hope* for the day when God will give us our *full rights* as his adopted children, including the *new bodies* he has promised us. We were given this hope when we were saved. (If we already have something, we don't need to hope for it. But if we look forward to something we don't yet have, we must wait patiently and confidently.) And the *Holy Spirit helps us in our weakness*. For example, we don't know what God wants us to pray for. But the Holy Spirit prays for us with groaning that cannot be expressed in words. And the Father who knows all hearts knows what the Spirit is saying, for the Spirit pleads for us believers in harmony with God's own will. *And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them*. For God *knew his people in advance*, and he *chose them* to become like his Son, so that his Son would be the firstborn among many brothers and sisters. And having chosen them, he *called them to come to him*. And having called them, he gave them *right standing with himself*. And having given them right standing, he *gave them his glory*.

Your STRUGGLE has a PURPOSE - and it's BIGGER than you think

If it's not GOOD yet — God's not DONE

Because of Jesus... I don't live in DOUBT, I walk in VICTORY

Romans 8:31-39 NLT

What shall we say about such wonderful things as these? *If God is for us, who can ever be against us* Since he did not spare even his own Son but gave him up for us all, *won't he also give us everything else? Who dares accuse us* whom God has chosen for his own? No one - for God himself has given us right standing with himself. Who then will condemn us? No one—for Christ Jesus died for us and was raised to life for us, and he is sitting in the place of honor at God's right hand, pleading for us. *Can anything ever separate us from Christ's love?* Does it mean he no longer loves us if we have trouble or calamity, or are persecuted, or hungry, or destitute, or in danger, or threatened with death? (As the Scriptures say, "For your sake we are killed every day; we are being slaughtered like sheep.") No, *despite all these things, overwhelming victory is ours through Christ*, who loved us. And *I am convinced that nothing can ever separate us from God's love.* Neither *death nor life*, neither *angels nor demons*, neither our *fears for today* nor our *worries about tomorrow*- *not even the powers of hell* can separate us from God's love. No power in the sky above or in the earth below—indeed, *nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.*

There's nothing left to EARN, and nothing left to FEAR

So, how do we respond?

- Stop measuring your life by PERFORMANCE
 - Start living by your POSITION in Christ
 - Because of Jesus... you're already LOVED, already CHOSEN, already VICTORIOUS
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TALK ABOUT IT

1. Which part of Romans 8 stands out to you most? Why?
2. How does the idea of "no condemnation" feel different than "forgiven"? What's the difference?
3. What's an area of your life where you still feel pressure to prove yourself to God?
4. When you suffer or feel discouraged, how does Romans 8:18-30 offer hope?

5. Who needs to hear Romans 8 this week? What's one way you can share it?
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GOING DEEPER: Bible Study for the Week

Reading: *Romans 8:1–39*

MEMORY VERSE

Romans 8:1 — So now there is no condemnation for those who belong to Christ Jesus.

Key Concepts

- Dead to Sin, Alive in Christ (*Romans 6:1–14*)
 - Slaves to Righteousness (*Romans 6:15–23*)
 - Freed from the Law (*Romans 7:1–6*)
 - The Inner Struggle (*Romans 7:7–25*)
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KEY WORD STUDIES:

Condemnation (katakrima) – legal verdict of guilt and punishment

Abba – intimate Aramaic word for “Father” or “Dad”

Intercede (entynchanei) – to speak on behalf of someone in need

Hope (elpis) – confident expectation rooted in God’s promises

Conqueror (hypernikōmen) – victorious beyond measure

REFLECTION QUESTIONS:

1. Why do many believers still live as if they’re under condemnation?
 2. How can you tell if you’re living by the Spirit vs. the flesh?
 3. What does it practically look like to believe “nothing can separate us from His love”?
 4. How does the Spirit help you when you don’t know how to pray?
 5. How can this chapter anchor you in seasons of fear, failure, or grief?
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PRAYER FOCUS

Ask God to remind you of your unshakeable identity in Christ—no condemnation, no fear, no separation. Pray for strength to walk in Spirit-empowered freedom this week.

REMEMBER:

The gospel is the GOOD NEWS of Jesus Christ... That he died on the cross for our sins and rose again on the 3rd day to defeat sin and death!

Read - Think - Pray - write down your thoughts... then do something -
GO BE THE CHURCH!

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