

Playing to Win - Who Are You?

Successful people do CONSISTENTLY what most people do OCCASIONALLY.

Romans 7:14-15

*So the trouble is not with the law, for it is spiritual and good. The **trouble is with me**, for I am all too human, a slave to sin. I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate.*

Romans 7:18-19

*And I know that **nothing good lives in me**, that is, in **my sinful nature**. I want to do what is right, but I can't. I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway.*

Romans 7:24-25

*Oh, what a miserable person I am! **Who will free me** from this life that is dominated by sin and death? Thank God! The **answer is in Jesus Christ our Lord**. So you see how it is: In my mind I really want to obey God's law, but because of my sinful nature I am a slave to sin.*

Three Reasons We Struggle to Succeed:

1. We know what we WANT but don't UNDERSTAND the how to get it.
2. We don't see PROGRESS fast enough.

Galatians 6:9

*So **let's not get tired of doing what is good**. At just the right time we will reap a harvest of blessing if we **don't give up**.*

3. My IDENTITY sabotages my SUCCESS

Note

Romans 6:6-7

*We know that our old sinful selves were crucified with Christ so that sin might lose its power in our lives. **We are no longer slaves to sin.** For when we died with Christ we were set free from the power of sin.*

Romans 6:18

*Now you are **free from your slavery to sin**, and you have become **slaves to righteous living.***

Identity Shapes Actions.

- Healthy identity creates positive habits
- Positive habits reinforces a healthy identity

WHO DO YOU WANT TO BECOME?

Note

Don't grow weary...

1. We know what we **WANT** but don't **UNDERSTAND** the how to get it.
2. We don't see **PROGRESS** fast enough.
3. Our distorted **IDENTITY** sabotages our **SUCCESS**.

Talk about it

1. Share a past NEW YEAR'S RESOLUTION or goal that was totally unrealistic and was totally unattainable.
2. Is there something little that you do daily (regularly) that makes a huge difference in your life? What is it? We want to know!
3. Do you ever feel like Paul and feel similar to what he wrote in Romans 7? Explain from your perspective
4. How can we set our sights on WHO vs. DO in our lives and walk with God?