

REBOOT

Every day life is a FIGHT to FOCUS!

Satan doesn't need to DESTROY you if he can DISTRACT you.

Luke 10:38-42

*As Jesus and the disciples continued on their way to Jerusalem, they came to a certain village where a woman named Martha welcomed him into her home. Her sister, Mary, **sat at the Lord's feet, listening to what he taught. But Martha was distracted by the big dinner she was preparing.***

She came to Jesus and said, "Lord, doesn't it seem unfair to you that my sister just sits here while I do all the work? Tell her to come and help me."

*But the Lord said to her, "My dear Martha, you are worried and upset over all these details! **There is only one thing worth being concerned about.** Mary has discovered it, and **it will not be taken away from her.**"*

Most difficult choices aren't between good and BAD but between good and BEST.

CHOOSING WHAT IS BETTER

1. Decrease the DISTRACTIONS

1 Corinthians 7:35

*I am saying this for your benefit, not to place restrictions on you. I want you **to do whatever will help you serve the Lord best, with as few distractions as possible.***

Proverbs 5:8

Stay away from her! Don't go near the door of her house!

CHOOSING WHAT IS BETTER

1. Decrease the DISTRACTIONS

2. Focus on the IMPORTANT

Proverbs 4:25-26

*Set your gaze on the path before you. **With fixed purpose,***

looking straight ahead, ignore life's distractions. Watch where you're going! Stick to the path of truth, and the road will be safe and smooth before you.

Proverbs 4:27

Don't allow yourself to be sidetracked for even a moment or take the detour that leads to darkness.

CHOOSING WHAT IS BETTER

1. Decrease the DISTRACTIONS
2. Focus on the IMPORTANT
3. Listen for the VOICE of GOD

Isaiah 30:21

And your ears shall hear a word behind you, saying, "This is the way, walk in it," when you turn to the right or when you turn to the left.

Talk it over:

1. Be honest. Do you feel distracted right now? What else has your attention?
2. Read Luke 10:38-42. Do you more easily relate to Mary or Martha? What distracts you from time with God?
3. Which distractions do you want to limit? Which do you want to eliminate? How will you do it?
4. Ask God to reveal something He wants from you this week as you spend more time with Him.