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Playing to Win

1 Corinthians 9:24-27

*Don't you realize that in a race **everyone runs**, but only one person gets the prize? So **run to win!** All athletes are disciplined in their training. They do it to win **a prize that will fade away**, but we do it for an **eternal prize**. So I run with **purpose in every step**. I am not just shadowboxing. I **discipline my body** like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified.*

Daniel 6:1-3

Darius the Mede decided to divide the kingdom into 120 provinces, and he appointed a high officer to rule over each province. The king also chose Daniel and two others as administrators to supervise the high officers and protect the king's interests. Daniel soon proved himself more capable than all the other administrators and high officers. Because of Daniel's great ability, the king made plans to place him over the entire empire.

Notes

Daniel 6:4-5

Then the other administrators and high officers began searching for some fault in the way Daniel was handling government affairs, but they couldn't find anything to criticize or condemn. He was faithful, always responsible, and completely trustworthy. So they concluded, "Our only chance of finding grounds for accusing Daniel will be in connection with the rules of his religion."

Daniel 6:10-11

But when Daniel learned that the law had been signed, he went home and knelt down as usual in his upstairs room, with its windows open toward Jerusalem. He prayed three times a day, just as he had always done, giving thanks to his God. Then the officials went together to Daniel's house and found him praying and asking for God's help.

Notes

HOW DO I CREATE A NEW HABIT? 1. Make it OBVIOUS

Notes

2. Make it EASY

Notes

Habit Formula : I will do [____] after I [____]

Zech 4:10

Do not despise these small beginnings, for the Lord rejoices to see the work begin.

Notes

Talk about it

1. What are some things that you do daily without even thinking about it? Share a few
2. Share an example of a goal or goals you set that didn't get the results you were expecting.
3. How does the example of Daniel challenge or encourage you in your own life?
4. What is one thing you know you want (need) to start?
5. Who can you encourage and be accountable as you start something new?



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