



**CULTIVATE
YOUR MIND**

OCTOBER 1, 2017

WONDERFUL MERCY CHURCH

We Have The Mind Of Christ

- **1 Corinthians 2:14-15** MSG

“Spirit can be known only by spirit—God’s Spirit and our spirits in open communion. ¹⁵ Spiritually alive, we have access to everything God’s Spirit is doing...”

- We must cultivate our minds—prepare them to raise crops of life, hope, purity, faith, and joy

There Is A Battle For Our Minds

- **2 Corinthians 10:5** NIV

“We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.”

- We’re going to need well-tended, carefully cultivated minds to make it in a world that’s hostile to God

There Is A Battle For Our Minds

- Our thinking is a habit, and habits can change with the right kind of training and practice
- To choose gratitude is to cultivate my mind

The Cultivated Mind Is A Powerful Mind

- Where my attention goes, my energy flows, and I believe that's why gratitude has such power—because there's a directing of energy in line with the mind of Christ
- I've noticed this, too: obedience and gratitude are complete in themselves but when they hold hands their impact is multiplied



How Do We Cultivate Our Mind?

- We need to choose to change our thinking and invite Holy Spirit to create thought patterns in line with the mind of Christ
- We must decide to take responsibility and change the thoughts we are constantly feeding ourselves and expressing
- Every single thought we have is creative: it has the power to build and the power to destroy

Putting This Truth Into Practice

- Keep your purpose at the forefront of your mind. If you don't know the goal, how are you going to know when you achieve it?
- A vague purpose would be: I want to learn to have more of the mind of Christ
- A specific purpose would be: I want to cultivate my mind by choosing, at least five times a day, to practice gratitude when my instincts are the opposite



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