



THE WISE WOMAN
Builds

PROVERBS 14:1





SESSION 2

Discernment



&

UNDERSTANDING



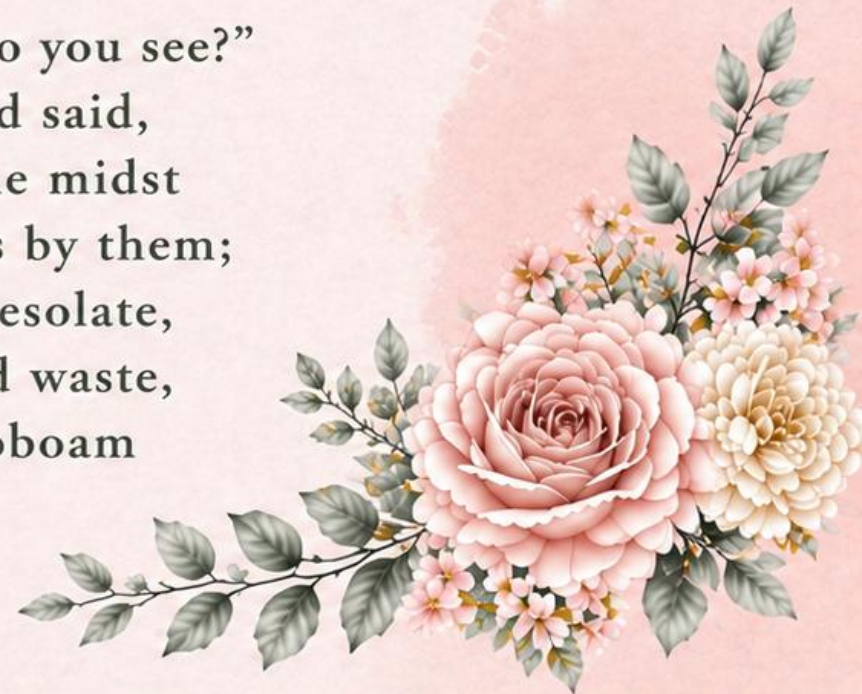


AMOS 7:7-8

NKJ

7 Thus He showed me: And behold, the Lord was standing beside a wall built with a plumb line, with a plumb line in His hand.

8 Then the Lord said to me, “Amos, what do you see?” So I said, “A plumb line.” And the Lord said, “Behold, I am setting a plumb line in the midst of My people Israel; I will never again pass by them; the high places of Isaac shall be made desolate, and the sanctuaries of Israel shall be laid waste, and I will rise against the house of Jeroboam with the sword.”





A PLUMB LINE

reveals what's

straight...

and what's

crooked.

Just as a builder uses it
to check whether a wall
is aligned,

God uses His truth
to check whether our lives
are *aligned* with Him.





Ultimately, the plumb line *points us to Jesus.*

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- His life shows us what *true righteousness* looks like
 - His teachings reveal the *straight path*
 - His character exposes where we are *bent* or *broken*





The plumb line *invites us to ask:*



- What standard am I building my life on?
- Am I aligning with God's truth... or shifting cultural norms?
- Where might I need to realign?





Discernment

— is the —
Spirit - empowered
ability to
distinguish

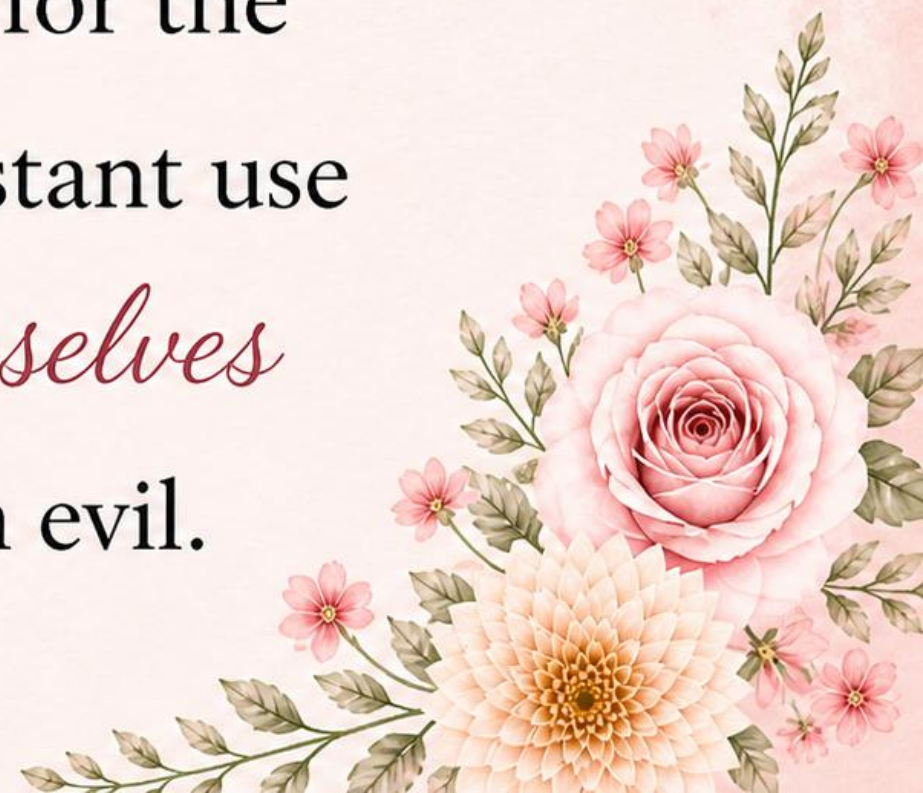




Hebrews 5:14

—  SAYS:  —

But *solid food* is for the
mature, who by constant use
have *trained themselves*
to discern good from evil.

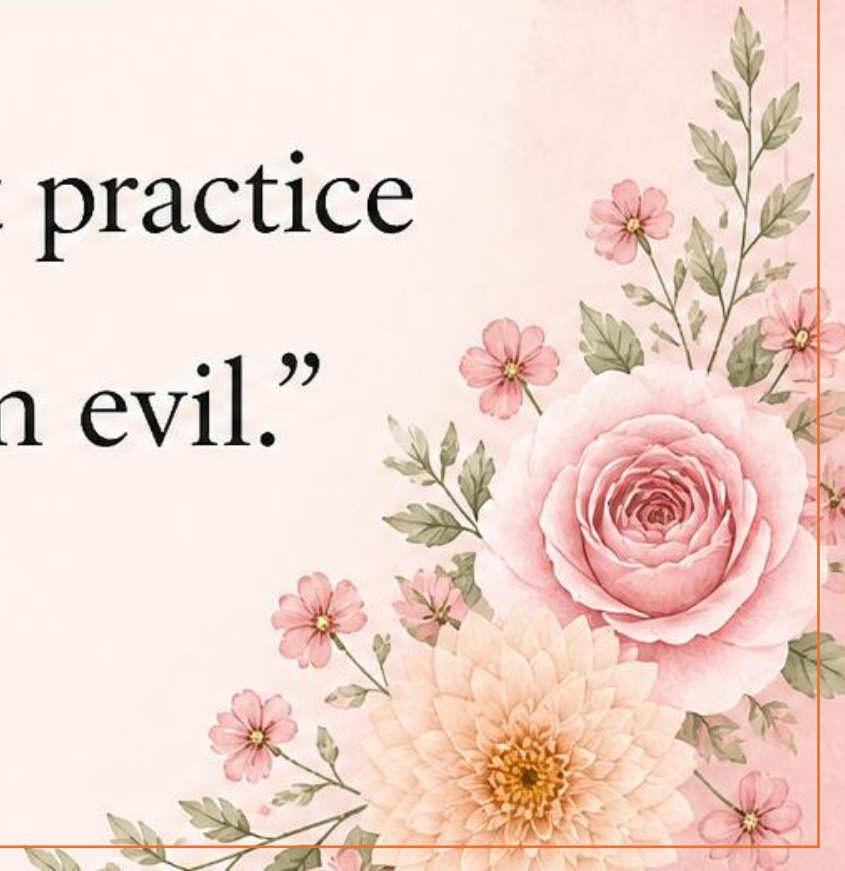




Mature Believers Have Their Discernment...

“*trained* by constant practice
to *discern* good from evil.”

HEBREWS 5:14 (NKJV)





Discernment is:



- ❁ A mark of *spiritual maturity*
- ❁ Something that must be *trained*
- ❁ A skill developed through *practice*
- ❁ The ability to *distinguish* (*diakrisis*)



Paul says:

And this I pray: that your love
may abound more and more in
knowledge and all *discernment*,
so that you may approve
what is *excellent*...

PHILIPPIANS 1:9-10






Discernment is
rooted in *love*,
not *suspicion*.







Discernment is *often misunderstood as:*



- Being guarded
 - Being skeptical
 - Being suspicious
 - Being emotionally detached
- 



Discernment
is *love*
with eyes
wide open





Discernment is love *informed by:*



- Knowledge
- Wisdom
- Understanding
- God's truth





The *purpose* of
discernment is to




“approve
what is excellent.”

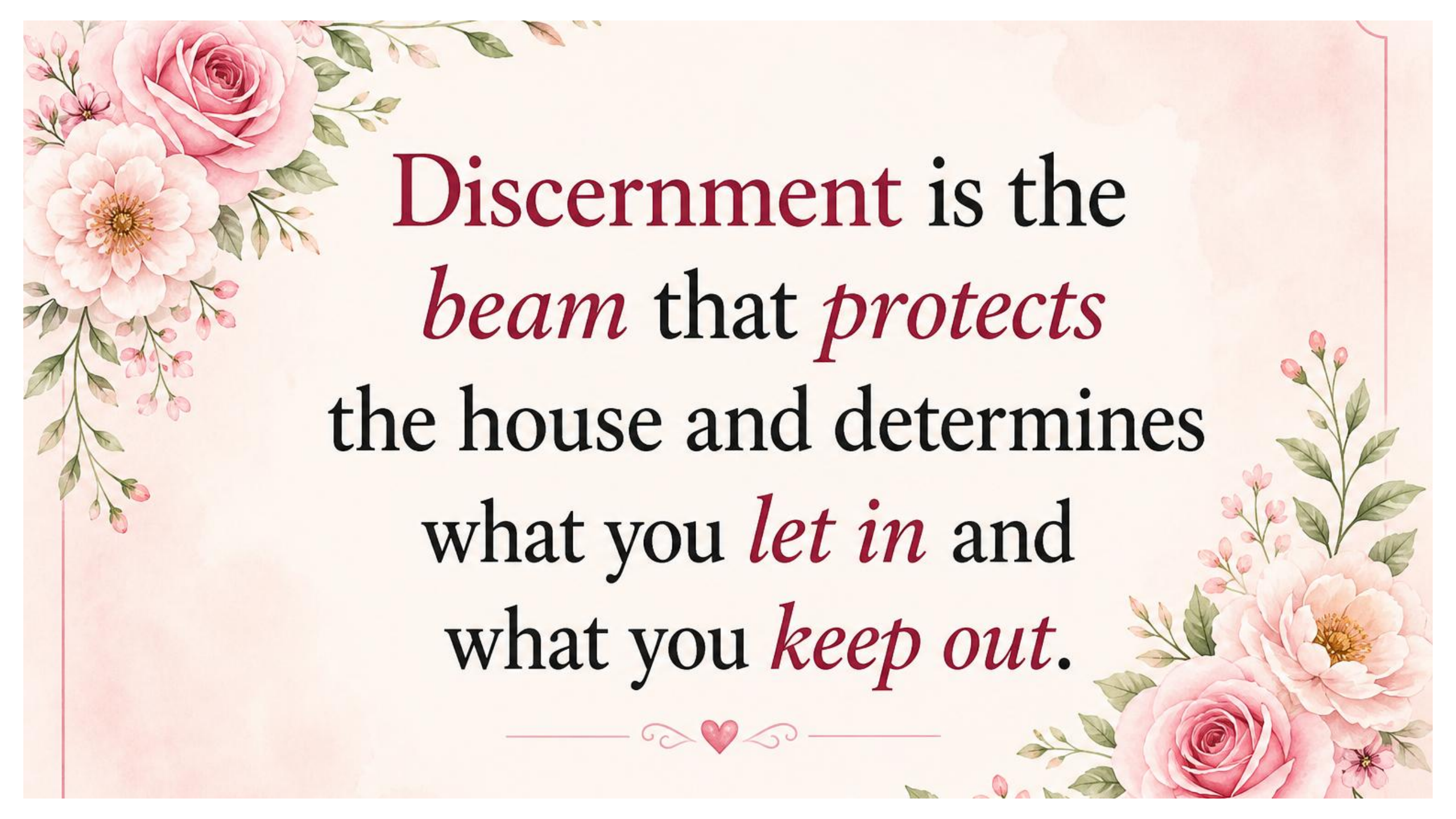




Discernment helps you choose:



- ✓ The *excellent* over the merely “good”
 - ✓ The *God-thing* over the “good thing”
 - ✓ The *eternal* over the temporary
 - ✓ The *wise* over the convenient
- 



Discernment is the
beam that *protects*
the house and determines
what you *let in* and
what you *keep out*.





The **FILTER**

—  vs.  —

The **SPONGE**





A *discerning* woman is a
FILTER... she asks



 Is this *true*?

 Is this from *God*?

 Does this belong in *my house*?



Discernment is *not* about:

- Being right
- Being sharp
- Being spiritually elite



It's about:

- Loving well
- Living purely
- Choosing what is excellent
- Reflecting Christ





Philippians 1:9–10,
Paul continues...

...that you may be
pure and blameless
for the day of Christ.



Paul connects discernment
to *purity*... and to *blamelessness*.



This beam of
discernment ...
is ultimately for:



- Holiness



- Christlikeness



- Eternal readiness

Truth vs. Deception



Discernment identifies
what is *from God*—and what is not.

🌸 Hebrews 5:14 —

“...those who by reason of use
have their senses exercised
to *discern* both good and evil.”

Motives



What's beneath the surface—
intentions and *heart posture*.

🌸 1 Samuel 16:7 —

“Man looks at the outward
appearance, but the Lord
looks at the *heart*.”

Timing

(*God's timing vs. our urgency*)



Recognizing when something
may be *right*... but *not yet*.

✿ Ecclesiastes 3:1 —

“*To everything there
is a season...*”

Spiritual Influence

Is this the *Holy Spirit* leading...
or *something else* pulling?


🌸 1 John 4:1 —

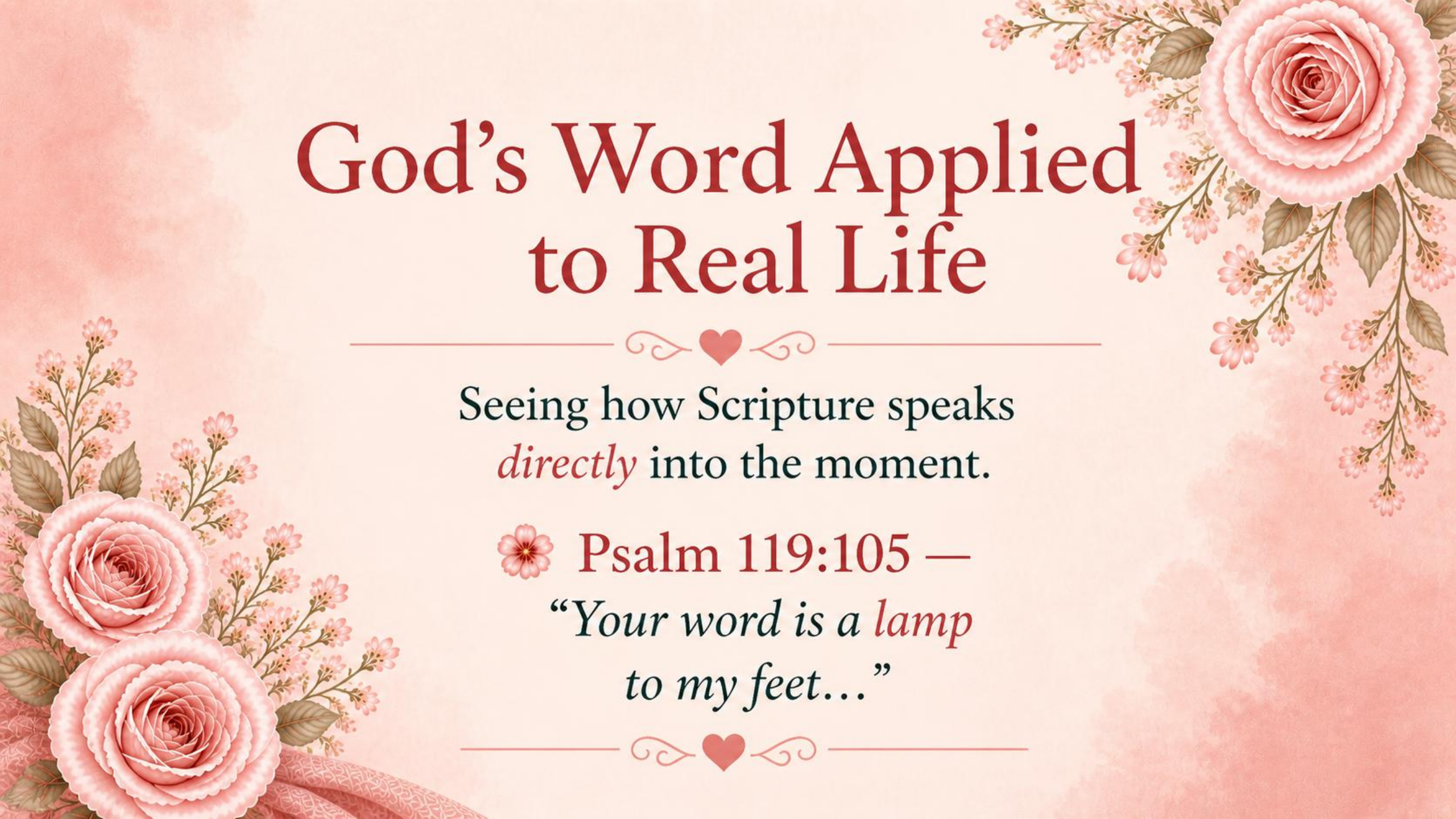
“Test the spirits, whether
they are *of God...*”

Circumstances and Patterns



What God may be
allowing, opening, or closing.

- 🌸 Revelation 3:7 —
“*What He opens
no one can shut...*”
- 



God's Word Applied to Real Life


Seeing how Scripture speaks
directly into the moment.

✿ Psalm 119:105 —
“Your word is a *lamp*
to my feet...”



Scriptural Anchors for Discernment



- **1 Thessalonians 5:21–22** —
“Test everything; hold fast what is good.”
- **Romans 12:2** —
Renewed minds discern the will of God
- **Proverbs 3:21–23** —
Wisdom and discretion protect your steps



Understanding
is *spiritual insight.*



Proverbs 2:6



*For the Lord gives wisdom;
from His mouth come
knowledge and understanding.*



Spiritually, *support beams look like:*



- A strong foundation in Scripture
- Prayer and dependence on the Lord
- Discernment and understanding
- Living by conviction — not emotion



Spiritually, *joists look like:*



- Daily choices and routines
- Wise decisions in small moments
- Stewardship of time, home, and relationships
- Consistent acts of love, service, and obedience



Proverbs 24:3-4



*By wisdom a house is built,
and by understanding
it is established;
by knowledge the rooms
are filled with all
precious and pleasant riches.*



Biblical Treasures

God Desires in Your House



- **Peace** — *Colossians 3:15*
- **Joy** — *Nehemiah 8:10*
- **Honor** — *Romans 12:10*
- **Purity** — *Matthew 5:8*
- **Wisdom** — *Proverbs 3:15*
- **Love** — *1 Corinthians 13:4–7*
- **Strength** — *Isaiah 40:31*
- **Faith** — *Hebrews 11:1*
- **Order** — *1 Corinthians 14:33*
- **Hope** — *Romans 15:13*

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- **Discernment asks:**
Is this straight?



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- **Understanding asks:**
How does this fit into God's design?



- **The plumb line answers:**
Does this align with My Word?



A Wise Woman *Builds on Purpose...*



1. Guards the Entrance


- Who has a key to your peace?
- What are you allowing into your heart, your mind, your home?

2. Checks the Plumb Line



*Does your thinking
align with God's Word...*

*or has it slowly shifted
with culture, emotion,
or circumstance?*



3. Strengthens the Joists



She invests in her walk with God
when the skies are *clear*...

so her structure holds firm
when the *storms* come.



Philippians 1:9–10
gives us the pattern:


Love + Knowledge +
Discernment =

a life that approves what is *excellent*





A wise woman
doesn't build
accidentally...



She builds *intentionally*,
she builds *faithfully*,
and she builds *in alignment with God*.





SESSION 2

*Discernment
&
Understanding*



TABLE TALK

&

REFLECTION

