

Wisdom and Sex

Pro Tips Message Series Week 3

Proverbs 5-7

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A. Wisdom and Sex

1. Wise individuals recognize the consequences of sexual sin. (Proverbs 5:11-13, 6:25-35, 7:22-27)

“Fire can *only* burn. I have never heard anyone say to me, ‘Pastor, I committed adultery, and I’m so glad I did. My whole life has gotten better. That was the best decision I ever made.’ But I have heard people say, ‘If only I could relive that moment! If only I could go back and change what I did!’ The pain is inevitable.”
Raymond C. Ortland Jr., *Proverbs*, Crossway, Wheaton, IL, 2012, p. 107.

“Sexual sin is appealing; it promises pleasure and happiness and can even deliver it for a little while, but then it kills you. Sexual sin may cause you to walk away from God, or at least redefine ‘God’ as someone who is OK with your sin. Sexual sin may cost you your family, your reputation, and the respect of your children; or it may just warp your ideas of intimacy in marriage and drive a wedge between you and your [spouse] (or your future [spouse]). There are a thousand different ways that sexual sin can destroy you, but make no mistake—it will.”

Daniel L. Akin and Jonathan Akin, *Christ-Centered Exposition Commentary: Exalting Jesus in Proverbs*, B&H Publishing Group, Nashville, TN, 2017, pp. 73-74.

“Sin will take you farther than you want to go, keep you longer than you want to stay, and cost more than you want to pay.”

-Ravi Zacharias

2. Wise individuals flee sexual temptations.

(Proverbs 5:7-8, 7:7-9; 1 Corinthians 6:18)

“You do whatever you have to do to fight it. Men, do not ever be alone with a woman who is not your spouse. Put blockers on the computer. Get a reporting app on your phone. Be in an accountability group. Get rid of the computer. Get rid of the tablet. Get rid of the smart phone if that’s what it takes.”

Daniel L. Akin and Jonathan Akin, *Christ-Centered Exposition Commentary: Exalting Jesus in Proverbs*, B&H Publishing Group, Nashville, TN, 2017, p. 78.

3. Wise individuals recognize lust is a sin.

(Proverbs 6:25; Matthew 5:27-28)

“Porn is deadly not just because it causes fantasies but also because it warps one’s view of marriage and sex. Porn addicts begin to view sex as a completely selfish act that is about my pleasure rather than the pleasure of another. Porn viewing causes you to train yourself to experience stimulation and pleasure outside the covenant of marriage. Then, when you do get married, you bring those fantasies into the marriage.”

Daniel L. Akin and Jonathan Akin, *Christ-Centered Exposition Commentary: Exalting Jesus in Proverbs*, B&H Publishing Group, Nashville, TN, 2017, p. 77.

Covenant Eyes: www.covenanteyes.com

4. Wise individuals enjoy sexual intimacy with their spouse.
(1 Corinthians 7:2-6; Philippians 2:3-4)

“In 1 Corinthians 7 he says to enjoy sex regularly in marriage. He says it is dangerous to withhold sex from one another. If you are not having sex regularly in marriage, that is a danger sign. It can destroy your marriage. Sexual intimacy binds you together with your spouse in a way you are not bound with anyone else. You must develop this part of your marriage. Meet your spouse’s needs rather than insisting on your needs being met (Phil 2:3-5).”

Daniel L. Akin and Jonathan Akin, *Christ-Centered Exposition Commentary: Exalting Jesus in Proverbs*, B&H Publishing Group, Nashville, TN, 2017, pp. 80-81.

“God gave sex as a good gift to be enjoyed in marriage. So instead of ‘just saying no’ with your kids, point them to the beauty of marriage and the goodness of sex in marriage.”

Daniel L. Akin and Jonathan Akin, *Christ-Centered Exposition Commentary: Exalting Jesus in Proverbs*, B&H Publishing Group, Nashville, TN, 2017, p. 81.

B. What if I have given into sexual sin?

1. Be honest with yourself, God, and others.
(Proverbs 28:13; Psalm 32:1-5; James 5:16)

2. Embrace the good news of the gospel. (Romans 8:1)

C. What is the Holy Spirit saying to me this morning?