

Pro Tips for Life and Death
Pro Tips Message Series Week 5
Proverbs

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Death and life are in the power of the tongue, and those who love its use will eat its fruit.

Proverbs 18:21, NET

Speech that heals is like a life-giving tree, but a perverse tongue breaks the spirit.

Proverbs 15:4, NET

“Our words matter – in conversations and emails and texts and blogs and phone calls and all the rest. Much of the strife in our families and offices and dorms and churches and nations is because of foolish words. But we often underestimate the importance of our words. Adultery, for example, is perceived in most Bible-believing churches as a serious sin. And it is. But I have never seen adultery send a whole church into meltdown. Gossip, by contrast, is often perceived as a little sin. But it destroys churches.”

Raymond C. Ortlund, Jr., *Proverbs: Wisdom That Works*,
Crossway, Wheaton, IL, 2012, p. 131.

Tip 1: Be careful of speaking words that bring death to you.
(Proverbs 10:8, 10, 14, 31, 13:3, 17:20, 18:6-7, 19:5, 9,
29:20)

Tip 2: Be careful of speaking words that bring death to others.
(Proverbs 10:6, 11, 11:9, 12:6, 18, 15:1, 16:28, 25:23,
26:28)

Tip 3: Learn to speak life.
(Proverbs 10:19, 31-32, 12:6, 18-19, 13:3, 15:1, 16:21, 24,
21:23; Ephesians 4:29-30)

Conclusion:

O Lord, place a guard on my mouth!
Protect the opening of my lips!

Psalm 141:3, NET

COMMUNION



WHAT IS IT?

Communion is a visible representation of the Good News of the death of Christ for our sins. It reminds us of Christ's death and the glorious hope of His return. The bread and wine symbolize Christ's Body and blood.

WHO CAN PARTICIPATE?

All who trust in Jesus Christ and Him alone for forgiveness of their sins are welcome to participate, regardless of church affiliation.

If this is not a step you have taken, here is the path to become a Christian.

- Romans 3:23 Admit you are a sinner.
- Romans 6:23 Recognize the penalty for your sin is death.
- Romans 5:8 Jesus Christ died for you.
- Romans 10:9-10 To be forgiven for your sins, you must believe and confess that Jesus was God who died for your sins and He is Lord.
- John 14:6 Salvation comes through Jesus Christ and Him alone.



For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, **“This is my body, which is for you; do this in remembrance of me.”** In the same way, after supper he took the cup, saying, **“This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.”** For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until he comes.

1 Corinthians 11:23-26

This morning we want to remember, reflect, and celebrate what Christ has accomplished for us through His death and resurrection by...

1. Participating in Communion

At the tables, take the bread and cup, step to the side or return to your seat, and:

- Pause to give thanks by yourself or as a family
- Partake
- Return to your seat
- At some point in the morning, throw your used cup in a trash can by an exit

2. Reflecting on Scripture

- Ephesians 1:3-14, 2:1-10
- Colossians 1:15-22
- Romans 5:1-2, 8:31-39

3. Praising God Through Singing

- “The Love of God”
- “Calvary”
- “House of the Lord”