COTTON CANDY OR JESUS

Good News Message Series Week 9

John 6:22-51

Pastor Jeff Burkholder

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Why partake of Jesus, the Bread of Life?

1. **Because Jesus provides spiritual <u>nourishment</u>.** (John 6: 35, 41, 48, 51)

   "What else does bread suggest? A daily partaking. How often do we partake of Christ? Is he more than a hamburger and french fries to us? He wants to give us himself, which demands that we be constantly partaking of him, ingesting him into our lives."

   R. Kent Hughes, *John*, Crossway, Wheaton, IL, 1999, p. 213.

2. **Because Jesus provides <u>satisfaction</u>.** (John 6:35)

   "If your life consists of working day after day to put food on the table, it's going to feel empty. If all your energy is targeted at meeting your physical needs—needs that never take a day off—your life will feel wasted…Jesus is the bread of life; he's the only one who can fill the emptiness inside us. A full life is a life spent in pursuit of Jesus. A life spent any other way will feel barren and unfulfilled."

   Matt Carter and Josh Wredberg, *Christ-Centered Exposition: Exalting Jesus in John*, B&H Publishing Group, Brentwood, TN, 2017, p. 152.

3. **Because Jesus provides <u>eternal</u> <u>life</u>.** (John 6: 27, 33, 40, 47, 51)

How do we receive Jesus, the Bread of Life? <u>Believe</u>.
(John 6:27-29)

- To believe is to yield our wills, our desires, our plans to Jesus.

" …Thinking about eating is not the same as eating.
- Knowing nutritional facts is not the same as eating.
- Understanding how food is processed by the body is not the same as eating.

To believe is to internalize the truth about Jesus. It's to receive him into your soul.

- Thinking about Jesus is not the same as believing.
- Knowing facts about Jesus is not the same as believing.
- Understanding how Jesus saves a person is not the same as believing.

Believing is staking your life on the fact that the only way to live is to receive him."

Matt Carter and Josh Wredberg, *Christ-Centered Exposition: Exalting Jesus in John,* B&H Publishing Group, Brentwood, TN, 2017, p. 154.

To partake of Jesus daily, read through:

- The gospels: Matthew, Mark, Luke, and John
- *New Morning Mercies* by Paul Tripp
- *Gospel Fluency* by Jeff Vanderstelt