



BASED ON JOSHUA 10:1-15

WHEN GOD STRETCHES A DAY



A JOSHUA
CHOOSE YOUR OWN ADVENTURE
FOR AGES 14-17



How to Use This Book

Step into Joshua's story on the day God literally stretched time so His people could finish what He called them to do.

How it works:

- Start at Section 1.
- Read each section carefully.
- At the end of each section, choose what YOU would do.
- Follow the directions to the next section number.
- Keep going until you reach an ending... then try other paths.

Some paths lean into fear and delay, others into risky obedience, bold prayer, and trust that God can do the impossible.

Tips:

- You can read this alone or as a group (vote on choices together).
- Try different paths to see how the story changes.
- Pay attention to what changes when Joshua obeys quickly vs. hesitates, plays it safe vs. asks big.
- Keep a Bible open to Joshua 1:1–9 and Joshua 10:1–15 as you read.

Remember: God's promise to Joshua was, "Be strong and courageous... for the Lord your God will be with you wherever you go." That's still His heart for His people today.

Trouble You Didn't Ask For

Section 1

You are Joshua. You've led Israel into the Promised Land. You've seen Jericho fall. You've also recently made a mistake: without asking God first, you made a treaty with a nearby group called the Gibeonites, who tricked you into thinking they were from far away.

Now word gets out. Five Amorite kings hear that Gibeon has made peace with Israel. They're furious. Instead of attacking you directly, they march on Gibeon to punish them for switching sides.

A message comes:

“Joshua, please don't abandon your servants! Come up to us quickly and save us! Help us, because all the Amorite kings from the hill country have joined forces against us.”

You look at the letter. You remember: you got into this mess by not asking God. Now your mistake has pulled you into someone else's emergency.

What do you do?

- If you hesitate, thinking, “*This isn’t my problem; they tricked me anyway,*” go to **Section 2**.
- If you seek God first—asking whether He wants you to defend Gibeon—go to **Section 3**.
- If you move immediately to help them, trusting that God can work even through your mistake, go to **Section 4**.

Hesitation and Half-Obedience

Section 2

You stare at the message. *“They’re only in this covenant because they lied. Maybe this is their problem,”* you think.

Time passes. You delay, trying to decide. Maybe you’ll help, but slowly. Maybe you’ll wait and see.

By the time you finally move, the battle near Gibeon is already turning ugly. Many more people have died. You still go—eventually—but you know in your gut: your hesitation cost lives.

END 1 – “The Help You Delayed”

You technically kept your promise, but half-obedience and slow obedience rarely look like love. Sometimes, waiting until it’s convenient is just disobedience in slow motion.

Asking Before Acting

Section 3

You take the crisis straight to God. *“Lord, should we go up and help Gibeon?”*

God’s answer is clear and strong:

“Do not be afraid of them; I have given them into your hand. Not one of them will be able to withstand you.”
(Joshua 10:8)

The fear loosens its grip. Their attack on Gibeon has become God’s opportunity to show His power through your flawed decisions.

You call your fighting men to move—fast.

Go to **Section 4**.

Night March

Section 4

You and your army march all night from Gilgal to Gibeon—uphill, in the dark. You're tired before you even see the enemy.

But you remember what God said: *“Do not be afraid. I have given them into your hand.”*

As dawn breaks, you surprise the five-king coalition. Panic spreads through their camp. You press the attack. The enemy begins to flee down the road.

Then something wild happens: God Himself throws them into confusion. Massive hailstones fall from the sky, hitting the enemy, not your troops. More die from hail than from your swords.

You're winning. But the sun keeps moving. Shadows lengthen. You know if night falls before the battle is finished, the enemy will escape and regroup.

You're out of time—and not done.

What do you do?

- If you decide to accept what you've already gained and let the rest escape, go to **Section 5**.
- If you decide to ask God for something impossible—extra time—go to **Section 6**.

Playing It Safe

Section 5

You slow the pursuit. “*We’ve done enough,*” you tell yourself. “*We’ve proven God is with us. It’s okay if some get away.*”

You return to camp with a real victory—but not a complete one. The enemy kings survive longer. The war drags on more than it had to.

God hasn’t failed you. But you stopped short of asking Him to do more.

END 2 – “The Victory You Settled For”

Sometimes we stop asking God boldly because we’re afraid to be disappointed—or afraid He might actually say yes and stretch us further than we planned to go.

A Prayer That Stops the Sky

Section 6

You feel the urgency. If the enemy escapes into the night, this war will stretch on. In front of all Israel, you pray one of the boldest prayers in the Bible:

*“Sun, stand still over Gibeon,
and you, moon, over the Valley of Aijalon.”*
(Joshua 10:12)

Everyone hears you. If nothing happens, you’ll look crazy. If something does...your whole view of God and time will shift.

Scripture says:

*“So the sun stood still, and the moon stopped,
till the nation avenged itself on its enemies...
The sun stopped in the middle of the sky and delayed
going down about a full day.*

*There has never been a day like it before or since,
a day when the Lord listened to a human being.”*
(Joshua 10:13–14)

Time stretches. The light holds. You keep fighting until the victory is complete.

What do you think and feel in that extended day?

- If the extended day makes you tired and resentful —“God, why is this so long?”—go to **Section 7**.
- If the extended day makes you worship and wonder —“God, thank You for more time to obey”—go to **Section 8**.

When a Long Day Feels Like a Curse

Section 7

The sun won't move. The day keeps going. Your legs burn. Your arms ache. The battle seems endless.

A dark thought creeps in: *“I asked for this. Why did I pray that prayer? Why didn't I just accept a smaller win and go home?”*

You start grumbling in your heart. The miracle turns, in your mind, into an annoyance. You forget that this extra time is God's gift to finish what He started.

You still win the battle. The enemy is defeated. But your heart is bitter and exhausted, more impressed with how hard you worked than with what God did.

END 3 – “The Miracle You Resented”

Sometimes God answers your prayer by stretching the season you're in—giving you more time to obey, serve, and love. If you only see the exhaustion, you'll miss the miracle.

Worship in the Extra Hours

Section 8

You fight hard. You're tired. But as the sun hangs in the sky longer than it should, something hits you:

“I asked—and God listened. The Creator of time bent the schedule for the sake of His people.”

Between commands and swings of the sword, your heart worships. The long day becomes a living sermon:

- God is not late.
- God is not early.
- Time obeys Him.

When the battle finally ends and the sun continues on its way, you're bone-tired—but full of awe.

END 4 – “The Day God Stretched for You”

You didn't just win; you learned. Long, hard days can become altars of worship when you see them as God-given space to finish what He's asked you to do.

All the Endings

Check them off, then read the wisdom that goes with each one.

- **END 1 – “The Help You Delayed”**
 - When you’ve given your word, “*I’ll help*” means now, not “*when it’s convenient.*”
- **END 2 – “The Victory You Settled For”**
 - It’s easier to settle than to pray boldly—but God sometimes waits for us to ask beyond what feels safe.
- **END 3 – “The Miracle You Resented”**
 - Extended seasons and long days can be answers to prayer, not punishments; watch what you call “*too long.*”
- **END 4 – “The Day God Stretched for You”**
 - When you view time as God’s tool, not your enemy, you can worship even in the hardest, longest days.

Five Truths You Can Carry

- **TRUTH 1: God can redeem your mistakes.**
 - Joshua’s bad treaty with Gibeon becomes the setup for a huge demonstration of God’s power and faithfulness.
- **TRUTH 2: Seeking God first changes how you move.**
 - Joshua learns to ask God before acting—and God answers with clear direction and promise.
- **TRUTH 3: Sometimes obedience means marching all night.**
 - God’s presence doesn’t cancel effort; it gives purpose to the grind.
- **TRUTH 4: God is Lord of time.**
 - The “sun-stand-still” day shows that time serves God’s mission, not the other way around.
- **TRUTH 5: Your long, hard days can become altars.**
 - When you invite God into your exhaustion and ask Him to use the time, those days become stories you’ll retell as worship, not just trauma.

Discussion Questions

Use these questions after going through at least one path:

1. Which ending did you hit first, and what does it show you about your default response: hesitate, play it safe, resent long days, or worship in them?
2. Can you think of a time you hesitated to help someone because it was messy, inconvenient, or partly “*their fault*”? What happened?
3. When have you prayed a bold prayer—and how did God answer? Did His answer stretch you more than you expected?
4. What is one area where you’ve “*settled for a partial win*” spiritually (stopped short of full obedience, forgiveness, or courage)?
5. Does time usually feel like your enemy or like a gift? How might seeing God as Lord of time change your attitude toward busy or hard seasons?
6. If God offered to “*stretch*” your day for something, what kind of thing would be worth that—what’s worth more time, even if it’s exhausting?
7. Read Joshua 1:9. What’s one place you need that command and promise right now: “*Be strong and courageous... I will be with you*”?

What Are YOUR “Long Day” Moments?

Think about places where disrespect shows up in your life:

1. **In relationships** (long, hard conversations, slow reconciliation, caring for someone who’s struggling):
2. **In your calling/school/work** (projects that never seem to end, serving where you don’t see quick results):
3. **In your faith** (praying for the same thing over and over, waiting for God to answer, staying faithful when you feel nothing):
4. **In battles with sin or mental health** (ongoing temptation, anxiety, depression, habits that are slow to change):

Now ask:

- Where might God be “*stretching*” this day or season—not to crush me, but to give me space to finish what He’s asked of me, with Him?

Prayer

Lord God,

Thank You that You are the Lord of time. You brought Joshua into a battle he didn't even plan, and You showed him that You could stretch a day to finish what You started.

I confess that I often feel rushed, overwhelmed, or like there's never enough time. I hesitate to act, I settle for partial obedience, or I resent long, hard days.

Teach me to seek You first, to move when You say 'Go,' and to ask You boldly for what seems impossible.

When You stretch my days or seasons, help me see them as gifts, not punishments. Be with me in the night marches, the surprise battles, and the long afternoons when I'm tired and tempted to quit.

Let my long days become testimonies of Your faithfulness. Use my time for Your purposes.

In Jesus' name, Amen.



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Step into Joshua's story on the day the clock seems to be running out. Caught between a past mistake, a desperate call for help, and a fast-moving battle, you'll face choices about hesitation vs. action, playing it safe vs. obeying quickly, and praying small vs. asking God for something impossible—like stopping the sun in the sky.

Inside, you'll:

- Walk through Joshua's "long day" and see how God can redeem bad decisions and still keep His promises
- Explore multiple endings that show what happens when you delay, settle for a partial win, resent a long hard day, or see it as a miracle
- Discover key truths about courage, obedience, and the God who is Lord over time itself

Scripture basis:

Joshua 10:1–15

Recommended age:

14–17

"The sun stopped in the middle of the sky and delayed going down about a full day."

Joshua 10:13b