

The Belt of Truth

Eph 6:13-14



This guide is intended to help you be better prepared to engage in making disciples in your small group. They are based off of the Sunday sermon listed in the top right corner. If you missed Sunday, make sure you take the time to listen to the sermon before your small group meeting. You can find the messages on our website.

Prayerfully considering these questions will help equip you to practice mutual ministry with your family at Vertical. While it's not likely that all of these questions will be asked during your small group meeting, we believe that your personal walk with Christ will be strengthened as you meditate upon the truths that God is teaching you through His Word.

1. This spiritual war we're in is not a power struggle, but a TRUTH struggle. How does realizing that 'people are not the enemy but the enemy is using people' change your day-to-day interactions?
2. Describe how truth is related to the belt of armor. Why is this such a crucial piece?
3. "The battle for truth is a battle for your soul." Do you believe this statement is true? Does it make you want to change how you currently seek truth (whether in source or time spent)?
4. John 8:44 calls Satan the "father of lies." What lies have you believed about God, and what were the results?
5. What evidence is there in my life to show that I am thinking biblically? In what areas am I refusing to think biblically?
6. Sometimes, either intentionally or unintentionally, our beliefs and convictions are shaped by influences apart from God's Word. What are some other sources you find yourself frequently learning from? (I.e. - podcasts, online articles, blogs, social media) What is the danger in having your "truth" shaped by these other sources?
7. What things am I dwelling on that make it difficult for me to evaluate my emotions clearly? Is there something that I need to eliminate from my thoughts so that I can view things rightly?
8. Are you saturating your mind with God's truth on a daily basis? Share some practical ways you are doing this. (Bible intake plan, podcasts, limits on things that steal your time, etc.)
9. In what areas of your life are you allowing your emotions to define truth? What do you need to do to put emotions in their proper place?
10. The belt of truth has already been provided for you. How does this effect the way you fight in the spiritual war?
11. Think back over your week so far, what has been captivating your thoughts? Is there anything you're dwelling on that needs displaced with truth?
12. "Drifting" from the truth of God's Word starts with the little things. What are your little things?