

This guide is intended to help you be better prepared to engage in making disciples in your small group. They are based off of the Sunday sermon listed in the top right corner. If you missed Sunday, make sure you take the time to listen to the sermon before your small group meeting. You can find the messages on our website.

Prayerfully considering these questions will help equip you to practice mutual ministry with your family at Vertical. While it's not likely that all of these questions will be asked during your small group meeting, we believe that your personal walk with Christ will be strengthened as you meditate upon the truths that God is teaching you through His Word.

- 1. Pastor Joe shared a list from the Mayo Clinic to help avoid heart disease. If you were making a list for enlarging your heart spiritually, what would the first 5 things be? Make it personal for your life.
- 2. What does it mean to be "glad in Yahweh"? What evidence is there in your life that you are "glad in Yahweh"?
- 3. As you "consider," what in your life is increasing your love for Yahweh? What is stealing your love for Yahweh?
- 4. How can you better run with purpose, intentionality, and effort in 2024 in your relationship with Yahweh?
- 5. What are some tell-tale signs that you are hiding sin? What finally gets you to the line of confession and repentance?
- 6. Read Proverbs 4:23. What is going on in your heart today? Is there anything inhibiting your pursuit of Yahweh? Confess those things to your small group and to Yahweh.
- 7. How are you daily crucifying the desires of your flesh? How can you grow in an awareness that your desires are battling within yourself?
- 8. In light of Hebrews 12:1, "consider" some things in your life that have entangled you that you would need to be set free from? Why have those entanglements and encumbrances been more attractive than Yahweh?
- 9. In light of the sermon, what steps are you going to take to cultivate your heart for Yahweh?
- 10. Are you struggling with discouragement over the speed in which Yahweh is enlarging your heart? How can the small group come alongside you and encourage you to keep running with purpose?