

**This guide is intended to help you be better prepared to engage in making disciples in your small group. They are based off of the Sunday sermon listed in the top right corner. If you missed Sunday, make sure you take the time to listen to the sermon before your small group meeting. You can find the messages on our website.**

**Prayerfully considering these questions will help equip you to practice mutual ministry with your family at Vertical. While it's not likely that all of these questions will be asked during your small group meeting, we believe that your personal walk with Christ will be strengthened as you meditate upon the truths that God is teaching you through His Word.**

1. Do you see your words as opportunities for life and death? Why or why not?
2. Are you generally quicker to hear or to speak? Why?
3. Take a moment to consider the type of words Christ spoke. How would you describe the motives of His words? What power did they have and what fruit did they bring about?
4. How is "unwholesome" defined in Ephesians 4:29? Share some personal examples of unwholesome words you have given or received.
5. What "words" that tear down are you prone to? Why do you think your flesh runs to that?
6. Who most often receives your "words" that tear down? Why?
7. What are some questions you can ask to determine the "need of the moment"?
8. Share ideas how on how to carefully say hard things.
9. How is it helpful to see every person as a work in progress?
10. Every one of us are different in both how we are built up and how we are torn down. Which words most build you up? Which words most tear you down?