

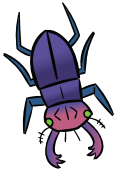
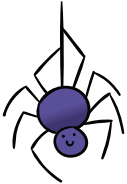
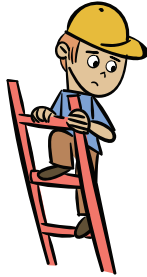
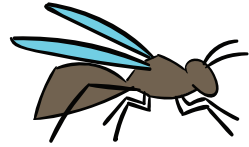
The Right Time to Bless God

"God is our refuge and strength, a very present help in trouble. Therefore will not we fear" (Psalm 46:1-2).

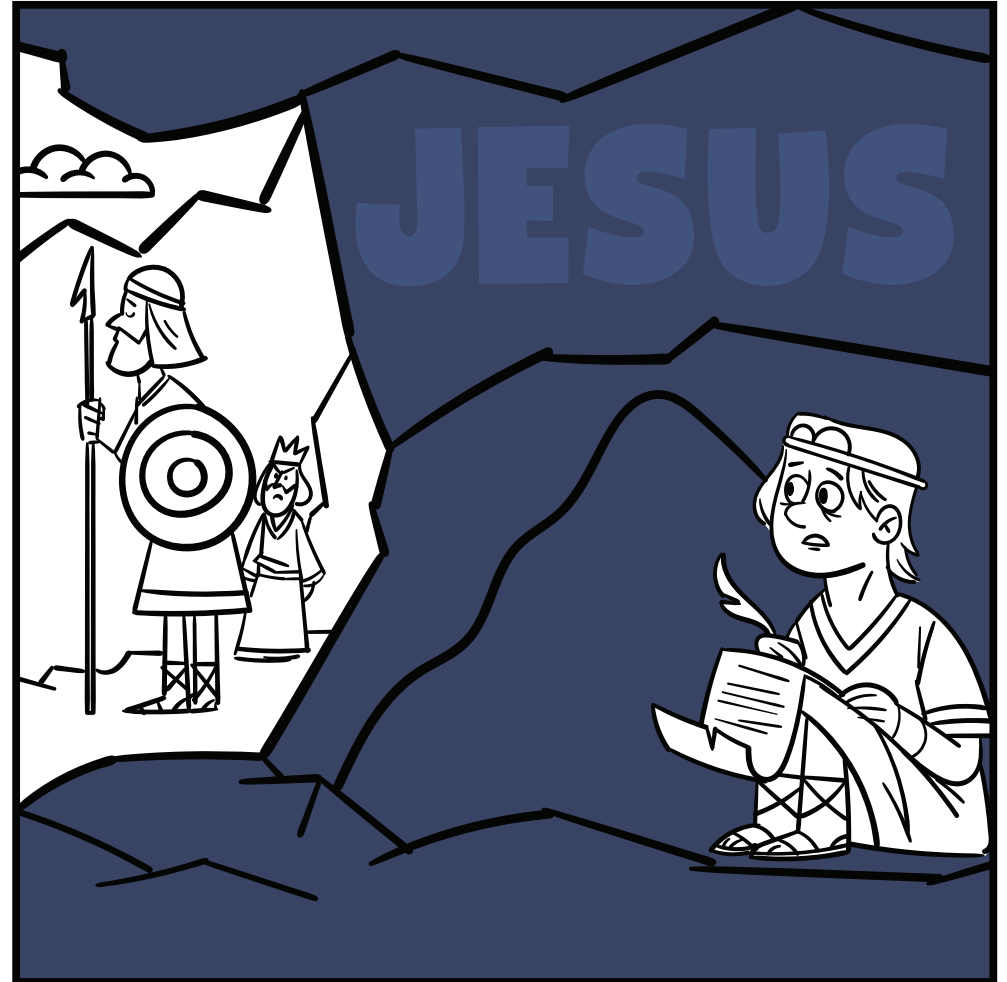
2.2

God is always worthy of our praise.

Circle the things you think are scary.
In the center, draw something you may be afraid of.



Color the picture of David hiding in the cave. In the cave, use white crayon to trace the letters of the name we should always remember to praise.



will bless the Lord at all times.

Circle the correct answer.

I praise God because He is **happy** **worthy** **sleepy** of my praise.

I can praise God at **no** **silly** **all** times.

I can praise God with my **mouth** **nose** **ears** as I sing, pray, and shout.

God **jumbles** **stops** **hears** my praise and responds.

MOVE!

David Praises God during Fear

Psalm 34 (King James Version)

¹ I will bless the LORD at all times: his praise shall continually be in my mouth.

² My soul shall make her boast in the LORD: the humble shall hear thereof, and be glad.

I Samuel 21:10–15; 22:1–5 (paraphrase)

David was hiding from jealous King Saul. Saul wanted to kill David. Because of this, David left Israel and went to visit the Philistine king. King Achish and his servants realized their visitor was David and began to mock him. David became scared of what King Achish might do to him.

What can I do to make them leave me alone? David thought. I know, I'll act like a wild person.

David began acting like a wild man. This bothered King Achish. He did not want more outrageous behavior in his palace, so he made David leave. David escaped from the Philistines and went to a cave near Adullam. He was afraid, but he found a safe place to pray and worship.

David began writing a psalm (Psalm 34).

³ O magnify the LORD with me, and let us exalt his name together.

⁴ I sought the LORD, and he heard me, and delivered me from all my fears.

“Why do I praise God?” David asked himself. “I praise Him because he delivered me from fear.”

“How should I praise God?” David wondered. “I will boast about God. I will magnify and exalt Him. I will teach others how to praise Him.”

“When should I praise the Lord?” David thought for a moment and then wrote, “I will bless the Lord at all times: His praise shall continually be in my mouth.”

David learned that God was close to him as he blessed the Lord. Soon, God sent four hundred men to David. He became their leader, teaching them how to trust and praise the Lord.