

### 3 Growing in Christ

## Growing the Fruit of the Spirit

### Reflection

Read and complete the following:



#### Galatians 5:22–23

<sup>22</sup> But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith,  
<sup>23</sup> meekness, temperance: against such there is no law.



In Galatians 5:22–23, define the following fruit of the Spirit:

Love: \_\_\_\_\_

Joy: \_\_\_\_\_

Peace: \_\_\_\_\_

Longsuffering: \_\_\_\_\_

Gentleness: \_\_\_\_\_

Goodness: \_\_\_\_\_

Faith: \_\_\_\_\_

Meekness: \_\_\_\_\_

Temperance: \_\_\_\_\_



What are some ways you can demonstrate the fruit of the Spirit?

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What are some things you should no longer do to help you become a more fruitful Christian?

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