

DEEP JOY: THE MESSAGE OF PHILIPPIANS

August 20th, 2023
Part 10: "The Pathway to
Everyday Joy"
Philippians 4:1-9

Author: Paul writing with Timothy in AD61-62 // **Audience:** The church in Philippi // **Melodic Line:** As God's people, pursue deep joy in Christ through progress in the faith and partnership in the Gospel.

BIG IDEA:

Seven intentional decisions you need to make so that you can cultivate deep joy in everyday life:

I. _____
(4:1)

II. _____
(4:2-3)

A. _____

B. _____

III. _____
(4:4)

IV. _____
(4:5)

V. _____
(4:6-7)

A. _____

B. _____

C. _____

VI. _____
(4:8)

- a. True: does my thinking correspond to reality from God's perspective?
- b. Honorable: Just: does my thinking line up with that which is dignified, decent, serious?
- c. Just: does my thinking conform to God's righteous standard in Christ?
- d. Pure: does my thinking steer clear of polluting influences?
- e. Lovely: does my thinking exalt that which promotes love for God and others?
- f. Commendable: does my thinking elevate that which builds up others?

VII. _____
(4:9)

DEEP JOY CHALLENGE: What are some ways my life is reflecting the pattern of a Kingdom citizen? If yes, how can I keep that going? If not, where do I start?

What to do right after the service to help “the Word dwell more richly,” within us (Colossians 3:16):

- 1. Instead of rushing off after the service is over, or talking about the latest news, develop the habit of talking about the sermon with people after church. Start spiritual conversations by asking, “How did the Scripture challenge or speak to you today?” Or “what about God in the message encouraged you?”*
- 2. Encourage someone by sharing things you learned about God from His Word during the sermon. Make note of how your thinking has changed. Don’t let biblical teaching be a one-time event that fades from memory as soon as it is over (James 1:22-25). Choose one or two particular applications to share.*

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MINING THE MESSAGE

QUESTIONS FOR REFLECTION AND FURTHER RESOURCES TO DIG DEEPER



REDEEMER BIBLE FELLOWSHIP
UPWARD. INWARD. OUTWARD

These questions are designed for discussion in the context of our Growth Groups. Growth Groups provide a space for more personal discussion as well as fostering genuine relationships. Please work on these questions before the group meeting to help us have a good time of discussion.

If you would like to be in a Group, email info@redeemermedford.org and we will be in touch.

UPWARD: What does this message teach us about God and His ways?

- Paul points to the nearness of Christ as a motivation for living lives of reasonableness. What are some other ways Christ's presence should encourage us in our Christian lives?
- In our message, we looked at seven deliberate decisions we should make to cultivate joy. Are there any others you would add?

INWARD: What does this message teach us about life in the body?

- Paul calls on the body to help with a moment of conflict in 4:2-3. How can we help one another when moments of conflict arise?

OUTWARD: What does this message teach us about the mission of God?

- Who are you planning on sharing the Gospel with this week?

DIGGING DEEPER:

Resources to help you think deeper about this week's Bible message. Recommended resources are not an endorsement of all the authors have said or written.

Something to Read:

All Things Made New: Living the Christian Life - John Flavel
 Christian Experience - Donald MacDonald
 A Praying Life - John Miller
 A Praying Church - John Miller
 The Gospel for Real Life - Jerry Bridges

Something to Listen to:

Seven Steps to Spiritual Stability (6-part series) - John MacArthur (available at gty.org)
 Basics of the Christian Life - Sinclair Ferguson (available at www.ligonier.org)

WEEKLY BIBLE READING

Redeemer is reading through the Bible this year - join us on our journey through God's Word! Copies of the full plan can be found at www.fivedaybible.com

MON	Isaiah 7-10; Psa 22; Matt 26
TUES	Isa 11-13; Psa 118; Matt 27
WEDS	Isa 14-16; Matt 28
THURS	Isa 17-19; Psa 62; 1 Cor 1
FRI	Isaiah 20-22; 1 Cor 2