

## **Invited To Soul Rest**

### **Matthew 11:25-30**

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Read Matthew 11:25:30. Notice the personal pronouns used and circle, highlight or underline each of them.

#### **1. The invitation is to those who labor and are burdened.**

To whom did Jesus extend His invitation?

Are you spiritually, relationally, emotionally weary? What do you need to bring to Jesus?

#### **2. The invitation is for rest.**

What things in your life are out of our control and keep you from resting in Christ?

We find our greatest rest when we have confidence and security in Christ and His character. What attribute or character of God has given you the most security in your walk with Him? How could you grow to know Him better and find greater rest and security in Him?

#### **3. We respond by answering God's call.**

To come to Him means to trust Him. Have you trusted Christ for salvation or are you still attempting to earn His love through religious acts or good works?

How has your trust in Christ grown since you have come to know Him?

**We believe that “everyone has a story”. So, we want to continue to help you develop your story of life change and hope in Jesus.**

If God’s plan is to change your life for His glory, are you ready to share your story of life change. Use this simple outline to build a 2-3 minute testimony. Keep it simple at the start. Right a few thoughts in each section, then put it together in a couple paragraphs.

It may seem very rough at first, but work it through and be prepared to share with the members of your Small Group as you meet this week.

**- What my life was like before Christ...**

**- How I came to know Christ...**

**- How my life is different since I have trusted Christ...**