



Blessed Assurance | Sunday, February 1, 2026

(5-10 min) Optional Ice Breaker: Who is the most famous person you've met?

LEADERS: Please consider the “Leader” announcements for yourself, and share the other announcements at the start of your group time.

Announcements

NEW CITIZENS APP!: Leaders, we've got a brand new phone app just for Citizens. It includes simple and helpful tools to help you engage with your Home Group, Citizens events, and Citizens media content. Grab the download instructions [HERE](#) along with a message template you can use to share the app with your group members.

HOME GROUP LEADER ONBOARDING: Leaders, you're invited! Join us for our HG Leader Onboarding (Sunday Feb 15 & 22, 11am), where we'll cover all the important aspects of HG Leadership. Originally designed for new leaders, it's also a fantastic and timely refresher for seasoned leaders. Register [HERE](#)!

SPRING HG LEADER TRAINING: Leaders, our Spring HG Leader Training and Dinner is coming up: March 6, 6pm to 8pm. We'll eat good food, get valuable training, learn from each other, and have fun doing it! Register [HERE](#)!

HG MISSION OPPORTUNITIES

EVERYDAY EVANGELISM: Last chance to register for this Sunday's Everyday Evangelism (Feb 1 from 3:30pm to 5pm), where you can learn practical tools for sharing conversations with family and friends that point them to the hope and salvation found in Jesus. Register [HERE](#)!

ALPHA COMETS: Alpha Comets helps UT Dallas international students experience community and explore life's big questions. Help them learn about Jesus and engage the gospel by praying and providing a meal. Learn more and sign up [HERE](#)!



CITIZENS
CHURCH

Blessed Assurance | Sunday, February 1, 2026

Read God's Word Aloud

1 John 1:1-4

1 That which was from the beginning, which we have heard, which we have seen with our eyes, which we looked upon and have touched with our hands, concerning the word of life— **2** the life was made manifest, and we have seen it, and testify to it and proclaim to you the eternal life, which was with the Father and was made manifest to us— **3** that which we have seen and heard we proclaim also to you, so that you too may have fellowship with us; and indeed our fellowship is with the Father and with his Son Jesus Christ. **4** And we are writing these things so that our joy may be complete.

1 John 5:13

13 I write these things to you who believe in the name of the Son of God, that you may know that you have eternal life.

Discuss God's Word and God's World

Important: *The goal is to use this Guide to spark sanctifying conversation and opportunities for intercessory prayer, not to “get through” every question like a checklist. Feel free to linger on the questions that best facilitate that for your group.*

Start here: *Take a few moments to share and reflect together on what stood out to you from this week’s Bible passage and the sermon about it.*

- How is the beginning of John’s letter (vs 1-4) different from the introduction of other New Testament letters? Why is that significant?
- In 1 John 5:13, John wrote the purpose of the letter. What does it say, and how does it help us as we begin to study 1 John together?



CITIZENS
CHURCH

Blessed Assurance | Sunday, February 1, 2026

- Do you ever experience doubt? If so, why and where do they come from? (*Thoughtfully interrogate your own doubt – and listen to others' doubts – without judgment or dismissal.*)
- Who are the people that have helped you trust Jesus, and how did they contribute to that trust?
- What in your life – like doctrinal beliefs, acts of love, obedience to God – serves as proof that you're a Christian? (*Help recognize and name these for one another.*)
- What's an area of your life in which you're failing (or refusing) to believe, love, and obey God? Take the opportunity confess and offer God's assurance of forgiveness. (1 John 1:9, James 5:16)
- As our church dives deeply into 1, 2, and 3 John, what are you most looking forward to exploring? What is one hope you have for you or your group in this season?

Sanctificational Prayer Guidance

Bless and praise God for giving us his Word that leads us to belief and assures us in our belief. Thank him for his pursuit of us and his blessed assurance of love, forgiveness, hope, redemption, renewal, and peace.

Father, Son, and Holy Spirit – Thank you for John, your good friend and faithful eye-witness to your life, death, and resurrection. Thank you for blessing us, those who have believed without seeing. (John 20:29). Please strengthen our trust: we long to be certain in moments of doubt, courageous in the face of fear, and ever assured of the eternal life you've given us.

As you confess sin together, ask God to help you receive and experience his love, grace, and forgiveness anew. And ask the Holy Spirit for an opportunity this week to share this sweet assurance with someone who doesn't yet know Jesus.

Family Memory Verse of the Month for January



CITIZENS
CHURCH

Blessed Assurance | Sunday, February 1, 2026

“In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.”

MATTHEW 5:16 (ESV)