SERIES: CROSSFIT FOR LIFE MESSAGE: Living the New Life, Part 2 TEXT: Romans 12:1–2

- 1. Reflect on the Mercies of God.
 - A. Your election in Christ. (Vv. 11:28–31, 33–36; 9:14–18, 23–26)
 - B. Your salvation in Christ. (Vv. 10:12–13; 5:10–11, 15–21)
 - C. Your adoption by Christ. (Vv. 8:15–16)
 - D. Your inheritance through Christ. (Vv. 8:26–27)
 - E. Your advocate in Christ. (Vv. 8:9–11, 38–39)
 - F. Your secure hope in Christ. (Vv. 8:28–30)
- 2. Response to the Mercies of God. (V. 12:1)
 - A. Present your life as a worship offering.
 - 1) Sacrificial
 - 2) Surrendered
 - 3) Consecrated
 - B. Refuse to be conformed to this age. (Vv. 12:2; 1 John 5:19)
 - C. Pursue to be transformed by the Holy Spirit. (V. 12:2)
 - How?
 - By the renewing of your mind.