

## **SERIES: CROSSFIT FOR LIFE**

### **MESSAGE: Living the New Life**

**TEXT:** Romans 12:1–2

1. Reflect on the Mercies of God.
  - A. Your election in Christ. (Vv. 11:28–31, 33–36; 9:14–18, 23–26)
  - B. Your salvation in Christ. (Vv. 10:12–13; 5:10–11, 15–21)
  - C. Your adoption by Christ. (Vv. 8:15–16)
  - D. Your inheritance through Christ. (Vv. 8:26–27)
  - E. Your advocate in Christ. (Vv. 8:9–11, 38–39)
  - F. Your secure hope in Christ. (Vv. 8:28–30)

### **Take Aways:**

1. Living a new life is possible through Christ.
2. Living a new life is the normal Christian life.
3. Living a new life is centered in Christ's work in us.
4. Living a new life requires active submission to Christ's Lordship.
5. Living a new life means intentionally reflecting on the Grace of God.