

Overcoming Your Mess Ups (Part 2)

This handout is based on the teaching series 'Touchy Subjects' at Ebenezer Baptist Church. In this lesson, Pastor continues the message on overcoming your mess ups, drawn from Psalm 51:10–12 (NIV).

Scripture Reference

Psalm 51:10–12 (NIV):

“Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.”

Key Points

1. Own Your Part in the Mess Up

We must be honest with ourselves and admit where we have fallen short. Pastor used his personal health journey as an example of recognizing areas where he has not taken care of himself. Owning your part means acknowledging mistakes instead of hiding or denying them.

2. Trust God's Power to Restore

Even in our failures, God has the power to restore and sustain us. Human judgment cannot condemn us because only God has the final authority. Micah 7:18 reminds us that God pardons sin and forgives our transgressions. Restoration is God's work of rebuilding and renewing us.

3. Learn from Mistakes & Guard Your Steps

Restoration must be accompanied by repentance and changed behavior. Jesus told the woman caught in adultery to 'Go now and leave your life of sin' (John 8:10–11). True repentance requires us to guard our steps, set boundaries, and avoid repeating the same mistakes.

Reflection & Application

- Ask yourself: What steps can I take this week to avoid repeating the same mistakes?
- Establish boundaries—around habits, relationships, and environments that lead to failure.
- Remember: Restoration is God's gift, but repentance requires personal responsibility and change.
- Replace negative patterns with prayer and God's Word to prevent being a 'repeat offender.'
- Trust that the same God who restores you also empowers you to walk differently.

Closing Encouragement

Your fall does not define your future. God's plan always includes restoration, growth, and renewed purpose. Weeping may endure for a night, but joy comes in the morning (Psalm 30:5).