

Bible Study Handout (August 6, 2025)

Faith Over Feelings

Ebenezer Baptist Church – Midweek Teaching

Main Scripture:

2 Corinthians 5:7 (NIV) – “For we live by faith, not by sight.”

Key Focus:

This lesson encourages us to anchor our lives in faith rather than be swayed by fleeting emotions. Feelings are real, but they are not always right. Faith, grounded in the Word of God, must take precedence.

1. Faith Believes God When Feelings Say Otherwise

- Your feelings may tell you that you're unworthy, forgotten, or unloved—but God's Word says you are redeemed, chosen, and loved.
- Romans 8:1 – "There is now no condemnation for those who are in Christ Jesus."
- Reflection Questions:
 - What are you living by—your feelings or your faith?
 - What has God said that contradicts how you feel?

2. People Can Stir Your Feelings, But They Can't Shake Your Faith (Unless You Let Them)

- People will trigger emotions, but your faith should remain firm.
- Psalm 139:14 – “I praise you because I am fearfully and wonderfully made.”
- Reflection Questions:
 - Are you allowing others' opinions to outweigh what God says about you?
 - Have you placed too much control in the hands of people?

3. Feelings Fluctuate, But God is Always Faithful

- Emotions change constantly. God does not.
- Hebrews 13:8 – “Jesus Christ is the same yesterday and today and forever.”
- Lamentations 3:23 – “Great is Your faithfulness.”
- Reflection Questions:
 - Are your decisions more driven by emotional ups and downs or by the constancy of God's truth?
 - Is your soul anchored in the unchanging character of Christ?

Takeaway Thought:

Feelings are like the wind—unpredictable and ever-changing. But faith is a foundation. If you want to stand strong, build your life on what God has said.

Personal Application:

Write down your responses to the following:

1. Where in your life are you letting feelings override your faith?
2. What truth from God's Word do you need to stand on today?
3. Who in your life has caused you to feel less than what God says about you?

Closing Encouragement:

Your feelings are valid—but they don't define your faith. Build your life on God's Word, not your emotions. Put your faith in God and watch Him carry you through.