

**A Proverb a Day V8P2**  
**Anger Management**  
**Sunday, July 4, 2021**

- I. A Proverb a Day – Various Pitfalls & Snares Vol.8
  - A. Various Pitfalls & Snares
    1. The Bible is the instruction manual for living the blessed life from the loving Creator. The proverbs reveal laws that govern life and the snares or pitfalls that will rob one of life.
      - a. (Prov. 6:2; 13:14; 14:27; [22:5 NIV])
  - B. Anger Management
    1. (Prov. 12:16; 14:17, 29; 15:18 all NLT)  
(Prov. 16:32 NKJV)  
(Prov. 19:11; 22:24-25; 29:11,22 all NLT)
    2. God has given us this emotion of anger but there is a proper use for it.
      - a. (Mark 3:1-6 NLT) This is the only place where the Bible says Jesus was angry.
        - This is why Jesus’ only other display of anger was cleaning the temple two times in His earthly ministry.
        - (Prov. 6:16-19) God hates sin because it stops you from being, doing and having all that He’s got for you. (Rom. 6:23)
      - b. (Gen. 4:1-15 NLT) 1<sup>st</sup> mention of anger.
        - (Heb. 11:4 NLT)
        - (Rom. 10:17)
        - (Eph. 4:26-27 NET) Don’t let the sun go down without dealing with the true cause of your anger. Deal with whatever it is and don’t be passive.
    3. Appropriate action to anger:
      - a. (Jas. 1:19-20; [Prov. 18:17 TPT])
      - b. (Prov. 15:1 AMP)
      - c. (Matt. 18:15-17 AMP)
      - d. (Rom. 12:14-21 NLT)