

MOMENTUM

Hebrews 12:1-2

January 1, 2023
DISCUSSION GUIDE

TALK (get the conversation started; approximately 10 minutes)

- Share one highlight from 2022?

THINK (ask a question or two to get your group thinking; approximately 10 minutes)

- What was your one thing from the message/Sunday? What is one thing have you been thinking about (a new idea, an application, a challenge, a question, or a new thing you learned)?
- How often do you take time to reflect on your past so you can grow in your future?

READ (open scripture and read Hebrews 12:1-2)

- Read the passage aloud, everyone follow along in your copy of Scripture.
- Re-read the same passage, everyone simply listen as the Word is read aloud.

DISCUSS (meditate on and talk about what was just read; approximately 40 minutes; use HEAR)

- Did Hebrews 12:1-2 raise any questions in your mind? Was there anything confusing? Is there anything that immediately made you want to dig further?
- **Highlight:** What stands out to you (what you would highlight, underline, circle, make note of...)?
- **Explain:** How would you explain this passage to someone hearing it for the first time? What is the author's intended meaning in the context of the passage?
- **Apply:** What is the principle to live by today? How can this help me? What does this mean today? What would the application of this verse look like in my life? (
- **Respond:** How will I respond to the application in my relationships and/or situations this week? What are you going to do about this?
- Looking back at biblical "heroes" who do you identify with most? Why?
- Looking ahead, what is something from this past year you want to stop? ...start? ...keep doing? Why?
- How can we help you in this?
- Other questions:
 - ✓ What does this passage say God has done?
 - ✓ What does this passage tell us about God? ...about humanity? ...about me?
 - ✓ What does this passage teach us about the Gospel, the message of God providing a rescue plan for sinners through Jesus Christ?
- **Complete this statement: "Based on what we've read and discussed, this week, I will..."**

PRAY (wrap up sharing and taking unhurried time to pray)

- If applicable, are there any updates to previous prayer requests or praises?
- How can we pray for one another? Do your best to limit the sharing to the needs within the group.
- How can we praise with one another?

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CONNECTION (use these questions to help with accountability)

- Have you spent time in the Word and prayer this week? If not, what got in the way? If so, share something you learned or something that challenged you?
- Have you share the gospel or your testimony with anyone this week?
- Have you spent quality time with your family this week?
- Men, have you loved your wife well this past week?
- Ladies, have you respected your husband well this week?
- How have you loved the unlovable this week?