

FRIDAY, MAY 19, 2023

Ch-Ch-Ch Change Me!

Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Romans 12:2

Often, prayer leaders ask for prayer requests, to which group members respond with issues that are either trials (sufferings/tests of faith) or triumphs (victories/ joys). Author Anne Lamott writes that she has two essential prayers: “Help me! Help me!” and “Thank you! Thank you!” While most prayers, even in scripture, can stand on those two legs, the apostle Paul suggests a third: “Change me! Change me!” We probably don’t pray enough for this miraculous gift of God, promised by Jesus when he says, “Behold, I am making all things [including us] new” (Revelation 21: 5). Renewed, we may well add another prayer (also suggested by Anne Lamott) to our essential prayer repertoire: “WOW!”

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Savior Jesus, thank-you for your transforming love! Guide me to identify and address needed changes in my life. Amen.

Reflect: Go online, or to a library or bookstore, and search titles authored by Anne Lamott.

Read: Romans 12:1-21 Psalm 103:2-5